

# Slow Down

**COPPER KNOB**  
STEPPERS

拍數: 32      牆數: 4      級數: Beginner  
編舞者: Diana Oglesby (USA) - February 2024  
音樂: Slow Down - Sena Ehrhardt



Intro: 32 counts, start with weight on L

No Tags, No Restarts

## S1 (1-8) - K STEP

1-4            Step R diagonally forward (1), touch L together (2), step L diagonally back (3), touch R together (4)  
5-8            Step R diagonally back (5), touch L together (6), step L forward (7), touch R together (8)

## S2 (9-16) - R BACK, L TOUCH, L BACK, R TOUGH, SLOW R BACK COASTER, HOLD

1-4            Step R back (1), touch L forward (2), step L back (3), touch R forward (4)  
5-8            Step R back (5), step L back (6), step R forward (7), hold (8)

## S3 (17-24) - WALK-WALK (L-R-), L FWD SHUFFLE, R FWD, ½ TURN L, R FWD SHUFFLE

1-2-3&4        Step L forward (1), step R forward (2), step L forward (3), step R together (&), step L forward (4)  
5-6-7&8        Step R forward (5), turn ½ L (weight to L) (6), step R forward (7), step L together (&), step R forward (8) (6:00)

## S4 (25-32) - TOE SWITCHES L-R-L, HOLD, ¼ L TURNING SAILOR

1&2&3-4        Touch L side (1), step L together (&), touch R side (2), step R together (&), touch L side (3), hold (4)  
5&6-7-8        Cross L behind and turn ¼ L (5), step R side (&), step L side (6), step R forward (7), step L forward (8) (3:00)

Repeat

Contact: [d2linedance@gmail.com](mailto:d2linedance@gmail.com)