

We Were Made To Move

COPPERKNOB
BY SHEETS

拍數: 32 牆數: 4 級數: Absolute Beginner
編舞者: Aurora de Jong (USA) - February 2024
音樂: Rhythm - Manic Drive



Dance starts after 32 counts

R step forward, L hitch, L step back, R touch back, R Charleston

1-2 Step R forward (1), hitch L knee (2)
3-4 Step L back (3), touch R back (4)
5-6 R Charleston: step R forward (5), kick L forward (6)
7-8 Step L back (7), touch R back (8)

Walk forward RL, diagonal step touch forward, diagonal step touch back 2x

1-2 Step R forward (1), step L forward (2)
3-4 Step R forward to right diagonal (3), touch L to R (4)
5-6 Step L back to left diagonal (5), touch R to L (6)
7-8 Step R back to right diagonal (7), touch L to R (8)

L diagonal step back with hold, hip bumps RL, right grapevine

1-2 Step L back to left diagonal (1), hold (2)
3-4 Hip bump R (3), hip bump L (4)
5-6 R grapevine: step R to right (5), step L behind R (6)
7-8 Step R to right (7), touch L to R (8)

*if the hold on count 2 is too difficult for beginners, do an extra L hip bump on count 2

L rocking chair (or 2 ½ pivots), left grapevine with ¼ left turn and scuff

1-2 L rocking chair: Rock L forward (1), recover to R (2)
3-4 Rock L back (3), recover to R (4)
5-6 L grapevine: step L to left (5), step R behind L (6)
7-8 Step L forward, making ¼ turn right (7), scuff R foot (8)

*more advanced dancers can do 2 ½ pivots for counts 1-4

TAG: 4-count tag after Wall 9

1-2 Step R forward (1), touch L toe to R heel (2)
3-4 Step L back (3), touch R toe to L (4)

Questions? aurora.dejong@gmail.com