

I Need the OLA

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 4
編舞者: BGC (INA) - February 2024
音樂: Ola La - KATE LINN

級數: Easy Improver



No Restart

2 Tag : on wall 2 after 16c & end of wall 6

Intro: 48c

S1. CUMBIA(R-L) – BOTAFOGO (R-L)

1&2 step R behind L, recover on L, step R to right side
3 & 4 step L behind R, recover on R, step L to left side
5&6 cross Rf over Lf, Lf to side, recover on Rf
7&8 cross Lf over Rf, Rf to side, recover on Lf

S2. DIAMOND ¼ TURN R – SAMBA WHISK (R-L)

1&2 cross Rf over Lf, step Lf to left side, 1/8 turn Right step back on Rf hitch on Lf
3&4 step back on Lf, 1/8 turn right step Rf to right side, step Lf forward
5&6 step Rf to side, cross Lf behind Rf, recover on Rf
7&8 step Lf to side, cross Rf behind Lf, recover on Lf

*tag #1 here

S3. CROSS SUFFLE ½ TURN L – SCISSOR STEP (R-L)

1&2 cross Rf over Lf, step Lf beside Rf, cross Rf over Lf
3 & 4 1/2 turn L cross Lf over Rf, step Rf beside Lf, cross Lf over Rf
5&6 step Rf to side, close Lf next to Rf, cross Rf over Lf
7&8 step Lf to side, close Rf next to Lf, cross Lf over Rf

S4. STEP BALL STEP – STEP BALL STEP TURN ¼ L – STEP BALL STEP TURN ¼ L – SIDE MAMBO

1&2 step Rf fwd , step ball Lf together , step Rf fwd
3&4 turn ¼ L step Lf fwd , step ball Rf together , step Lf fwd
5&6 turn ¼ L step Rf fwd , step ball Lf together , step Rf fwd
7&8 step Lf to side, recover on Rf, close Lf next to Lf

*tag #2 here

TAG (4c) = TOUCH FWD with BUMP R-L

1-2 step fwd Rf with bump – step Rf back to center
3-4 step fwd Lf – hip bump – step Lf back to center