

Ain't No Hold 'Em

COPPERKNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Improver
編舞者: Corey Lubowich (USA) - February 2024
音樂: TEXAS HOLD 'EM - Beyoncé



Intro: 24 Counts

[1-8] SYNCOPATED VINE, HEEL, SLAP, HEEL, SLAP, SIDE RIGHT, TAP BEHIND

1-2& Step L to the side, R behind, L to the side
3-4 R cross in front of L, Step L to side
5& Tap R heel, Hitch and slap R w/ R Hand
6& Tap R heel, Hitch and slap R w/ L Hand
7-8 Step R to the side, ¼ turn CCW + Tap L behind R

[9-16] STEP L, PIVOT, TRIPLE FORWARD, SWIVEL, SLAP, SWIVEL, SLAP

1-2 Step L forward, ½ pivot CW (weight on R)
3&4 Step L forward, Step R to meet L, Step L forward
5-6 Step forward R + Swivel hips to pivot ¼ CCW, Slap thigh w/ R hand
7-8 Step forward R + Swivel hips to pivot ¼ CCW, Slap thigh w/ R hand

****Hold here on second wall, then restart when the next verse starts.****

[17-24] SYNCOPATED VINE, HEEL, HEEL, SCUFF, STOMP

1-2& Step R to the side, L behind, R to the side
3-4 L cross in front of R, Step R to side
5& Tap L heel, Recover
6& Tap R heel, Recover
7& Scuff L foot, Hitch L knee
8 Stomp L (take weight on L)

[25-32] SAILOR STEP, ROCK BACK, HITCH, TRIPLE FORWARD, 1¼ TURN

1&2 Step R diagonally back from L, Step L to meet, Step R forward
3-4 Step back L behind R + ¼ turn CCW, Hitch R foot
5&6 Step R forward, Step L to meet, Step R Forward
7-8& Step L forward + ¼ Turn CW, ½ Turn CW+ Step R, ½ Turn CW