

Sah

拍數: 64 牆數: 4 級數: Improver
編舞者: Lie Chan (INA) & Lietha Monita (INA) - February 2024
音樂: DJ Sah - Sarah Suhairi feat Alfie Zumi



Intro 32 counts - No Tag - No Restart

SEC 1 : SYNCOPATED ROCKING CHAIR – LOCK SHUFFLE FORWARD – PIVOT ½ TURN RIGHT – LOCK SHUFFLE FORWARD

1&2& Rock R forward, Recover on L, Rock R back, Recover on L
3&4 Step R forward, Lock L behind R, Step R forward
5 6 Step L forward, ½ turn right stepping R inplace
7&8 Step L forward, Lock R behind L, Step L forward

SEC 2 : CROSS POINT – SIDE TOUCH – CROSS SAMBA – (R,L)

1 2 Cross touch R over L, Touch R to right side
3&4 Cross R over L, Step L to side, Step R inplace
5 6 Cross touch L over R, Touch L to left side
7&8 Cross L over R, Step R to side, Step L inplace

SEC 3 : V STEP – STEP BACK – STEP FORWARD AND FLICK – ¼ TURN RIGHT AND CLOSE

1 2 3 4 Step R diagonal forward, Step L diagonal forward, R back to centre, L back to centre
5 6 Step R back, Step L forward while flick on R
7 8 Step R forward, ¼ turn right close L together R

SEC 4 : VINE – ROLLING VINE

1 2 3 4 Step R to side, L cross behind R, Step R to side, Touch L to left
5 6 7 8 ¼ turn left stepping L forward, ½ turn left stepping R back, ¼ turn left stepping L to side, Touch R beside L

SEC 5 : DIAGONAL LOCK SHUFFLE (R,L) – STEP BACK DIAGONAL (R,L)

1&2 Step R diagonal forward, Lock L behind R, Step R diagonal forward
3&4 Step L diagonal forward, Lock R behind L, Step L diagonal forward
5 6 7 8 Step R diagonal back, Touch L beside R, Step L diagonal back, Touch R beside L

SEC 6 : ANCHOR STEP (R,L) – MONTEREY ½ TURN

1&2 Step R back, Recover on L, Recover on R
3&4 Step L back, Recover on R, Recover on L
5 6 Touch R to side, ½ turn right Close R together L
7 8 Touch L to side, Close L together R

SEC 7 : ROCK FORWARD – RECOVER – BACK SHUFFLE – ROCK BACK – RECOVER, FORWARD SHUFFLE

1 2 Rock R forward, Recover on L
3&4 Step R back, Close L together R, Step R back
5 6 Rock L back, Recover on R
7&8 Step L forward, close r together R, Step L forward

SEC 8 : SAMBA WHISK (R,L) – PIVOT ½ TURN LEFT (2X)

1&2 Step R to side, L cross behind R, Recover on R
3&4 Step L to side, R cross behind L, Recover on L
5 6 Step R forward, ½ turn left stepping L inplace
7 8 Step R forward, ½ turn left stepping L inplace

Enjoy the Dance
