

# Mu La La

COPPER KNOB  
BY STEPHEN HETS

拍數: 32      牆數: 2      級數: Improver  
編舞者: Dee Musk (UK), Shelly Guichard (UK) & Kate Sala (UK) - February 2024  
音樂: Ooh La La - Hunter Falls



Start on vocals

**Step forward On Right, Side Touch Left, Step Forward On Left, Side Touch Right, Rocking Chair.**

- 1 2      Step forward on R. Touch L out to left side.
- 3 4      Step forward on L. Touch R out to right side.
- 5 6      Rock forward on R. Recover on to L.
- 7 8      Rock back on R. Recover on to L (Restart from here during wall 4)

**Cross Step, Diagonal Back, Side x 2, Walk Forward x 2, Shuffle Forward.**

- 1 2 &      Cross step R over L. Small step back on L to left diagonal. Small step on R to right side.
- 3 4 &      Cross step L over R. Small step back on R to right diagonal. Small step on L to left side.
- 5 6      Step forward on R. Step forward on L.
- 7 & 8      Step forward on R. Step L next to R. Step forward on R

**Touch L Forward With Hip Bumps, Turn 1/4 Right With Hip Bumps.**

- 1 & 2      Touch L slightly forward pushing hips forward, back, Forward transferring weight on to L.
- 3 & 4      Turn 1/4 right stepping down on R pushing hips, Right, Left, Right. 3:00

**Touch L Forward With Hip Bumps, Turn 1/4 Right With Hip Bumps.**

- 5 & 6      Touch L slightly forward pushing hips forward, back, Forward transferring weight on to L.
- 7 & 8      Turn 1/4 right stepping down on R pushing hips, Right, Left, Right. 6:00

**Cross Step, Side Step, Behind & Cross, Side Rock Right, Recover, Ball Step Side Left, Touch In.**

- 1 2      Cross step L over R. Step R to right side.
- 3 & 4      Cross step L behind R. Step R to right side. Cross step L over R.
- 5 6      Side rock on R out to right side. Recover on to L.
- & 7 8      Step ball of R next to L. Step L to left side. Touch R next to L.

**TAG: End of wall 1 and end of wall 5**

**Jump Out Out, Hold x 3, Turn 1/4 Left Stepping Out, Out, Hold x 3.**

- & 1      Step out on R to right side. Step out on L to left side.
- 2 - 4      Hold for 3 counts.
- & 5      Turn 1/4 left Stepping out on R to right side. Step out on L to left side
- 6 - 8      Hold for 3 counts.

**V Step, Step Pivot 1/2 Turn Left, Step Pivot 1/4 Left.**

- 1 - 4      Step R forward to right diagonal. Step L to left side. Step R back to centre. Step L next to R.
- 5 6      Step forward on R. Pivot 1/2 turn left.
- 7 8      Step forward on R. Pivot 1/4 turn left.

**Add these extra 4 counts the second time you dance the tag.**

- 1 - 4      Step R forward to right diagonal. Step L to left side. Step R back to centre. Step L next to R.