Breaking the Rules



拍數: 32 牆數: 4 級數:

編舞者: Dominico Cacchiotti (USA) - December 2023

音樂: Breaking All the Rules - Atlus



Step Sheet Help: Taren Wilhelm (Boots on the Beach)

No Tags; No Restarts

Intro: Chorus

Start dance on lyrics of the first verse: "I can't waste another minute"

[1-8] Diagonal Step Touches; Grapevine Right

1, 2 (Forward and Diagonal to 1:30) Step Right Fwd, Touch L together

3, 4 (Returning to starting position facing 12:00) Step Left back, Touch R together

(styling option: add claps with the step touches)

5, 6, 7, 8 Step Right Side, Step Left Behind, Step Right Side, Touch L together [12:00]

[9 – 16] Left 1/4-step prep, Full-turn Heel spin, Right Heel Rock (hold); modified Coaster

1, 2, 3, 4 Step Left to the left pointing toes to 9:00 to prep for full turn, bring Right foot into Left using momentum to do a full turn in 3 counts and end facing [9:00] (styling option: do the full turn on the heels)

5 (hold 6) Come out of the turn rocking forward onto the Right Heel and hold for counts 5&6

7&8 (on the recover from the heel rock and hold) come down into the start of a modified

coaster step by landing on the Left, stepping back together with the Right, step forward with the Left [9:00]

[17 – 24] Pivot ½ turn, Full-turn, Step, [Out and Cross] 2x (to the Right, then Left)

1, 2 Step Right fwd (1) and pivot ½ turn over Left shoulder taking weight onto L (2) [3:00]

3, 4 Step Right fwd making a full turn over the left shoulder while on the ball of the Right Foot (3),

landing out of the turn stepping Left forward and taking weight (4) [3:00]

5&6, 7&8 Rock out onto Right (5), recover onto Left (&), cross Right fwd taking weight (6); then repeat

the "out and cross" leading with rocking out onto Left (7), recover onto Right (&), cross Left

fwd (8) [3:00]

[25 – 32] Pivot ½ turn 2x; Step Out R,L; Body Roll / Hip Shake / Freestyle

1, 2 Step Right fwd (1) and pivot ½ turn over Left shoulder taking weight onto L (2) [9:00]

3, 4 Step Right fwd (3) and pivot ½ turn over Left shoulder taking weight onto L (4) [3:00]

(modification option: do a right rocking chair in place of the double pivot ½ turn)

5, 6 Step Right out (5); Step Left out (6) (Feet are about shoulder width) [3:00]

7, 8 Body roll from shoulders (7) sinking down into hips (8) [3:00]

(Styling options: shake hips Right Left or clap 2 x, or knock knees elvis style, or knee pop forward and recover standing....HAVE FUN WITH IT!)

Choreo Questions: Kashiotte@gmail.com

TikTok: Kashiotte YouTube: MoonShine Line Dancing