

Admire

拍數: 80 牆數: 2 級數: Phrased Intermediate
編舞者: Veronika Dávid (HU) & Gergely Dávid (HU) - February 2024
音樂: One of Them Girls - Lee Brice



part A

Part A has double counts in the music.

S-1 R HEEL TOUCH, L HEEL TOUCH, 1/2 TURN L, R SLIDE BWD, L STOMP

- 1 – 2 R heel touch forward, R close next to L
- 3 – 4 L heel touch forward, L close next to R
- 5 – 6 ½ turn to L, R big step backward
- 7 – 8 L pull next to R, L stomp next to R

S-2 R HEEL TOUCH, L HEEL TOUCH, 1/4 TURN R & R SAILOR STEP

- 1 – 2 R heel touch forward, R close next to L
- 3 – 4 L heel touch forward, L close next to R
- 5 – 6 ¼ turn to R, R step backward sway a half circle
- 7 – 8 L close next to R, R step forward

S-3 1/4 TURN R & L SIDE ROCK, L CROSS SHUFFLE TO R

- 1 – 2 ¼ turn to R, L step and weight onto side
- 3 – 4 weight back onto R, hold
- 5 – 6 L step crossed before R, R step to side
- 7 – 8 L step crossed before R, hold

S-4 R SIDE ROCK, 1/2 TURN R, L SCUFF, L VAUDEVILLE

- 1 – 2 R step and weight onto side, weight back onto L
- 3 – 4 ½ turn to R, L scuff next to R
- 5 – 6 L step crossed before R, R step onto side
- 7 – 8 L heel touch in place, L close next to R

S-5 R ROCK STEP FWD, R COASTER STEP, L SHUFFLE FWD, R WEAVE

- 1 – 2 R step and weight forward, weight back onto L
- 3 – 4 R step backward, L close next to R and R step forward
- 5 – 6 L step forward, R close crossed behind L and L step forward
- 7 – 8 R step onto side and L step crossed behind R, R step onto side and L step crossed before R

S-6 R SCISSOR STEP, L WEAVE, L SCISSOR STEP, R STOMP, L STOMP

- 1 – 2 R step and weight onto side, weight back onto L and L step crossed before R
- 3 – 4 L step onto side and R step crossed behind L, L step onto side and R step crossed before L
- 5 – 6 R stomp out in a small stride, hold
- 7 – 8 L stomp out in a small stride, hold

part B

Part B is the refrain in the music, the counts are the same rhythm.

S-1 R CROSS & L HEEL X2

- 1 – 2 R jump crossed before L, jump back to L
- 3 – 4 R jump to side, L heel touch in place
- 5 – 6 R jump crossed before L, jump back to L
- 7 – 8 R jump to side, L heel touch in place

S-2 R SCUFF & R OUT – L OUT, R COASTER STEP, L STOMP UP

- 1 – 2 R scuff next to L, R step out in a small stride

- 3 – 4 L step out in a small stride, hold
- 5 – 6 R step backward, L close next to R
- 7 – 8 R step forward, L stomp next to R (weight stays on R)

S-3 L COASTER STEP, R SHUFFLE FWD

- 1 – 2 L step backward, R close next to L
- 3 – 4 L step forward, hold
- 5 – 6 R step forward, L close crossed behind R
- 7 – 8 R step forward, hold

S-4 R PIVOT FULL TURN, 1/2 TURN R & R KICK BALL CHANGE

- 1 – 2 L step forward, ½ turn to R
- 3 – 4 L step forward, ½ turn to R
- 5 – 6 ½ turn to R on L foot, R kick forward
- 7 – 8 R close next to L, L stomp next to R

RESTART Every time in part A after section 4 (S-4).

SEQUENCE A32 – A – B – B – A32 – A – B – B – A – A – B – B – A32

The dance debuted at The Experience 2022 festival in France on May 1, 2022 in La Grande-Motte :)
