

Swalla Drank

拍數: 32 牆數: 4 級數: Improver
編舞者: Sam Lucia (INA) - February 2024
音樂: Swalla (feat. Nicki Minaj & Ty Dolla \$ign) - Jason Derulo



No Tag, No. Restart

Section 1: Forward mambo – back mambo – side mambo R/L

1 & 2 Step R forward – recover on L – step R beside L
3 & 4 Step L backward – recover on R – step L beside R
5 & 6 Step R to side – recover on L – close R to L
7 & 8 Step L to side – recover on R – close L to R

Section 2: Cross shuffle R – cross shuffle L – volta turn $\frac{3}{4}$ R

1 & 2 Cross R over L – step L to side – cross R over L
3 & 4 Cross L over R – step R to side – cross L over R
5 & Turn $\frac{1}{8}$ right, cross R over L – step ball on R slightly behind L
6 & Turn $\frac{1}{8}$ right, cross R over L – step ball on R slightly behind L
7 & Turn $\frac{1}{8}$ right, cross R over L – step ball on R slightly behind L
8 Step R forward

Section 3: Cross – side – turn $\frac{1}{8}$ L – back – hitch – back – side – forward – back mambo L/R

1 & 2 & Cross L over R (1) – Step R to side (&) – turn $\frac{1}{8}$ L step L back (2) – Hitch R forward L (&)
3 & 4 Step R back (3) – turn $\frac{1}{8}$ L step L to side (&) – Step R forward (4)
5 & 6 Step L backward – recover on R – step L beside R
7 & 8 Step R backward – recover on L – step R (touch) beside L

Section 4: Right toe touches – right coaster – left toe touches – sailor $\frac{1}{4}$ left

1 – 2 Touch right toe forward – touch right toe to right side
3 & 4 Step R backward – step left beside R – step R forward
5 – 6 Touch left toe forward – touch left toe to left side
7 & 8 Sweep left behind right turn $\frac{1}{4}$ left – stepping right to beside L – step L forward

Note: at the end of Section 4 (7 & 8), you can also turn to 12 o'clock

I hope teachers and line dancers love this step sheet!