

Nostalgia

拍數: 32 牆數: 4 級數: Improver
編舞者: Hiroko Carlsson (AUS) - February 2024
音樂: Putti putti - Jay Epae : (YouTube Music/Spotify/Deezer)



Please feel free to contact me if you need any further information. (hirokoclinedancing@gmail.com)
(Intro: 8 counts)

[S1] Out, Clap, Out, Clap, In, Clap, In, Clap, Hip Bump R-L-R, Hip Bump L-R-L

1&2& Step R forward to right diagonal, Clap, Step L to the left, Clap
3&4& Step R back to the centre, Clap, Step L next to R, Clap
5&6 Step R to the side and hip bump to the right, Replace, Hip bump to the right
7&8 Hip bump to the left, Replace, Hip bump to the left

[S2] Weave R, Side, Behind Rock, Weave 1/4L w/ Scuff, Rocking Chair

1&2& Step R to the side, Step L behind R, Step R to the side, Cross L over R
3 4& Step R to the side, Rock L behind R, Replace weight on R
5&6& Step L to the side, Step R behind L, Make a ¼ turn left stepping forward on L (9:00), Scuff R forward
7&8& Rock forward on R, Replace weight on L, Rock back on R, Replace weight on L

[S3] Walk and Kick, Walk Back and Touch, Walk and Kick, Coaster Step

1&2& Walk forward on R-L-R (1&2), Kick forward on L (&)
3&4& Walk back on L-R-L (3&4), Touch R beside L (&)
5&6& Walk forward on R-L-R (5&6), Kick forward on L (&)
7&8 Step back on L, Step R beside L, Step forward on L

[S4] K Step 1/4R, Cross Rock, Monterey 1/4R, Side Rock, Cross

1&2& Step R forward to right diagonal, Touch L next to R, Step L back to left diagonal, Touch R next to L
3&4& Make a ¼ turn right stepping R to the side (12:00), Touch L next to R, Step L to the side, Touch R next to L
5&6& Rock/cross R over L, Replace weight on L, Point R to the side, Make a ¼ turn right stepping L together (3:00),
7&8 Rock L to the side, replace weight on R, Cross L over R

Ending suggestion: The last wall starts facing 6:00. Dance up to Section 2 count 6& (3:00).
Step forward on R (7), Making a ¼ turn left recover weight on L (&) (12:00), Step forward on R (8)

(updated: 21/Feb/24)