Feels Like I Like It

拍數: 32

級數: Intermediate

編舞者: Vivian Marie Shetland (USA) & Sami Mabee (USA) - February 2024

音樂: Feels Right (I Love It) - Flo Rida & Brian Kelley

Intro: Approx. 16 seconds (32 counts) after music starts.
Start with weight on R foot; Begin at the end of "Yeah, Yeah, Yeah" (on the third "Yeah")

[1-8] Rock L Recover, R Syncopated Weave, ¼ Turning Hip Bumps, L Hip Bumps

- 1-2 Rock to L side, Recover onto R foot
- 3-4 Cross R behind L, Step L to L side, Cross R over L
- 5&6 Step R to R side ¼ turning L (5), hip bumps with weight on R moving backwards (&6)
- 7&8 Step L foot back (7), L hip bumps sitting back (&8)

[9-16] Walk RL, Out Out RL, R Heel Pop & Flick, Cross & Step, 1/4 Turn R Body Roll

- 1-2 Walk R forward, Walk L forward
- &3&4 Step R to R side (&), Step L to L side (3), Pop R heel out R (&), Return R heel down (4)
- &5-6 Flick R heel up and out to R side, Cross R over L, Step L to L side
- 7-8 1/4 turn R and body roll starting from the head down (sit weight into L foot)

[17-24] Ball Step Back & Body Roll, Walk RL, Heel, Toe, ½ Pivot Turn L

- &1-2 Step R next to L (&), Step L back starting body roll from head down (1), Finish body roll with weight in L foot (2)
- 3-4 Walk R forward, Walk L forward
- 5&6 Touch R heel forward (5), Step R next to L (&), Touch L toe back keeping weight on R(6)
- 7-8 Pivot on R foot turning 1/2 over L shoulder *Styling Option: Bend knees on (7) as you turn and stand on (8) to finish the turn*

[25-32] ½ Turn Hip Bump, ½ Turn Hip Bump, ¼ Monterey, Hips RL

- 1&2 Step R to R with hip bumps going right, left, right (weight on R)
- 3&4 ¹/₂ turn L over L shoulder and step L to L side with hip bumps going left, right, left (weight on L)
- 5-6 Touch R foot to R side, Step R next L while ¼ turning to R (weight on R)
- 7-8 Step L to L side bumping hips L then R (weight ends on R)





牆數: 4

首数:4