

The Original Superman

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Improver
編舞者: Kate Sala (UK) - February 2024
音樂: The Original Superman - Tate Emmons



Start after 16 counts with the DANCE INTRO.

Rumba Box, Rock Back, Recover, Turn 1/4 Left, Rock Back, Recover, Step Left.

1 & 2 Step R to right side. Step L next to R. Step forward on R.
3 & 4 Step L to left side. Step R next to L. Step back on L.
5 & 6 Rock back on R. Recover on to L. Turn 1/4 left stepping R to right side. 9:00
7 & 8 Cross rock on L behind R. Recover on R. Step L to left side.

Cross Step Behind, Side, Drag, Ball Cross, Side Step, Touch, Side Step, Touch, Rock Back, Recover.

1 2 Cross step R behind L. Step L to left side.
3 & 4 Drag R towards L. Step ball of R next to L. Cross step L over R.
5 & Side step R to right side. Touch L next to R.
6 & Side step L to left side. Touch R next to L.
7 8 Rock back on R. Recover on to L.

Forward Rock, Side Rock, Step Back, Cross Touch, Step Forward.

1 & Rock forward on R. Recover on to L.
2 & Side rock on R out to right side. Recover on to L.
3 & 4 Step back on R. Cross touch L over R. Step forward on L. Step Forward, Pivot 1/2 Turn Left,
Step Forward, Step Forward, Pivot 1/4 Turn Right, Step Forward.
5 & 6 Step forward on R. Pivot 1/2 turn left. Step forward on R.
7 & 8 Step forward on L. Pivot 1/4 turn right.. Step forward on L. 6:00

Rock Forward, Coaster Step, Mambo 1/2 Turn left, Turn 1/4 Left stepping long step Right, Together.

1 2 Rock forward on R. Recover on to L.
3 & 4 Step back on R. Step L next to R. Step forward on to R.
5 & 6 Rock forward on L. Recover on to R. Turn 1/2 left stepping forward on L.
7 8 Turn 1/4 left taking a long step to the right. Step L next to R. 9:00

Start Again Enjoy!

INTRO: 16 Counts - Rumba Forward & Back, Mambo Back x 2, Chasse Right, Left

1 & 2 Step R to right side. Step L next to R. Step forward on R.
3 & 4 Step L to left side. Step R next to L. Step forward on L.
5 & 6 Step R to right side. Step L next to R. Step back on R.
7 & 8 Step L to left side. Step R next to L Step back on L.

1 & 2 Rock back on R. Recover on to L. Step R next to L.
3 & 4 Rock back on L. Recover on to R. Step L next to R.
5 & 6 Step R to right side. Step L next to R. Step R to right side
7 & 8 Step L to left side. Step R next to L. Step L to left side.

TAG: 6 Counts after wall 2 facing 6:00 - Rumba Box, Sway Right, Left.

1 & 2 Step R to right side. Step L next to R. Step forward on R.
3 & 4 Step L to left side. Step R next to L. Step back on L.
5 6 Step R to right side swaying hips right. Sway hips left.

