

Spanish Disco Party Dance

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Absolute Beginner / Beginner
編舞者: Helaine Norman (USA) - February 2024
音樂: Spanish Disco, House Punkz: (Playlist 70s Spanish Disco on Spotify by Martin F. Martorell)



Intro: 16 - No tags or restarts

Notes: This dance will go to many disco songs.

I. HUSTLE WALK

1-4 Walk forward R L R, point L side
5-8 Walk back L R L, touch R together

Styling for arms for 1-4: Raise right arm and hand with index finger pointing to right diagonal while left arm and hand is pointing down to left diagonal.

II. BASIC VINE; TOUCH, HITCH, TOUCH, HITCH

1-4 Step R side, step L behind, step R side, touch L together
5-6 Touch L side, hitch L knee (or touch L together)
7-8 Touch L side, hitch L knee (or touch L together)
Optional for 1-4: **Basic: Step R side, step L together, step R side, touch L together**

III. BASIC VINE; TOUCH, HITCH, TOUCH, HITCH

1-4 Step L side, step R behind, step L side, touch R together
5-6 Touch R side, hitch R knee (or touch R together)
7-8 Touch R side, hitch R knee (or touch R together)
Optional for 1-4: **Basic: Step L side, step R together, step L side, touch R together**

IV. TRIPLE 1/8 R-TURN X2, ROCKING CHAIR

1&2 Making 1/8 turn right step R forward, step L together, step R forward (1:30)
3&4 Making 1/8 turn right step L forward, step R together, step L forward (3:00)
5-8 Rock R forward, recover to L, rock R back, recover to L
Optional for 1-4: **Making ¼ turn right walk R L R L (3:00)**
Optional styling for hands for 1-4: **Make fists and roll one over the other.**

REPEAT

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