

拍數: 48 牆數: 4 級數: Phrased Improver
編舞者: Ben Murphy (DE) & Anna Molitor (DE) - February 2024
音樂: 42 - Diplo & Maren Morris



Sequence: A-B-A-A-A-Tag-A-B-A-A-A-A

Intro: 4x8 Counts

Part A 4x8 Counts

Section 1: Sailor Step; Sailor Step; Cross Rock; Shuffle

1 & 2 RF Cross behind LF, LF Step to the left side, RF Step to the right side
3 & 4 LF Cross behind RF, RF Step to the right side, LF Step to the left side
5 6 RF cross over LF; Recover on LF
7 & 8 RF Step to the right side, LF Step next to RF, RF Step forward with ¼ turn to the right (3 o'clock)

Section 2: Step; Heel Bounces; Step; Point; Step; Point

1 2 LF Step forward; Bounce heels and start turning to the right
3 4 Bounce heels twice while turning to the right (in total: ½ turn from count 2-4, ending 9 o'clock), weight is on RF
5 6 LF Step forward; RF Point to the right side
7 8 RF Step forward; LF Point to the left side

Section 3: Cross Shuffle; Step; Preparation/Point; 3/4 Turn; Coaster Step

1 & 2 LF cross over RF, RF to the right side, LF cross over RF
3 4 RF Step to the right side; Turn the upper body to the right; LF Point left
5 6 ¼ Left turn LF Step forward – ½ left Turn RF Step back
7 & 8 LF Step back, RF Step together, LF Step forward

Section 4: ¼ Turn Side Touch; Twist Turn; Point; Point

1 2 ¼ left turn, RF Step to right side; LF Touch next to RF
3 4 LF Step to the left side; RF cross behind LF
5 6 ½ Twist turn to the right
7 8 Point twice while turning to the right (in total: ½ turn to the right)

Part B: 2x8 Counts

Section 1: Backward Sweeps; Rock Step; Shuffle

1 2 RF Step backwards; LF Sweep from front to back
3 4 LF Step backwards; RF Sweep from front to back
5 6 RF Rock backwards; LF Recover
7 & 8 RF Step forward; LF Close behind RF; RF Step forward

Section 2: Forward Sweeps; Rock Step; Side Step

1 2 LF Step forward; RF Sweep from back to front
3 4 RF Step forward; LF Sweep from back to front
5 6 LF Rock forward; RF Recover
7 8 LF Step to the left side; Hold

Tag: 4 Counts

1-3 RF Step to the right side; Hold in split weight
4 Transfer weight to LF

Last Update: 5 Feb 2025
