

One Two Step Away (P)

拍數: 32 牆數: 0 級數: Improver - Partner
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音樂: One Two Step Away - David Adam Byrnes



Starting position Double Hand Hold – Men O.L.O.D, Women I.O.L.D

[1-8]

M: Cross, Side, Behind, Shuffle Side, Back Rock, Recover, Shuffle ¼ Turn R
W: Behind, Side, Cross, Shuffle Side, Back Rock, Recover, ¼ Turn Shuffle Fwd

1-2-3 M: LF cross in front – RF to right – LF cross behind
 W: RF cross behind – LF to left – RF cross in front

4&5 M: Shuffle Side R.L.R
 W: Shuffle Side L.R.L

6-7 M: LF behind– return on RF
 W: RF behind – return on LF

8&1 M: LF to left – RF next to the – ¼ turn to right LF behind
 W: ¼ turn to right RF in front – LF next to the RF – RF in front

[9-16]

M: (Back) x 2, Shuffle ½ Turn, Step Fwd, ¼ Turn R, Touch
W: ½ Turn R, Back, Shuffle ½ Turn L, Step Fwd, ¼ Turn L, Touch

2-3 M: RF back - LF back
 W: ½ turn to right LF behind – RF behind

Leave your partner's left hand and pass your right hand over your partner's head

4&5 M: Shuffle ½ turn to right R.L.R
 W: Shuffle ½ Turn to left L.R.L

Leave your partner's right hand

6-7-8 M: LF in front – ¼ turn to right weight on RF – touch LF next to the RF
 W: RF in front – ¼ turn to left weight on LF– touch RF next to the LF

Take your partner's left hand and assume the starting position double hand hold

[17-24]

M: Back Rock, Recover, Step ¼ Turn L, Shuffle Fwd, Rock Step, Recover, Shuffle ½ Turn L
W: Back Rock, Recover, Back ¼ Turn L, Shuffle Back, Back Rock, Recover, Shuffle Fwd

1-2-3 M: LF behind – return on RF – ¼ turn to left LF in front
 W: RF behind – return on LF – ¼ turn to left RF behind

4&5 M: Shuffle Fwd R.L.R
 W: Shuffle Back L.R.L

6-7 M: LF in front – return on RF
 W: RF behind – return on LF

8&1 M: Shuffle ½ turn to left L.R.L
 W: Shuffle Fwd R.L.R

Leave your partner's left hand and pass your partner's right hand over the man's head

[25-32] **M&W: ¼ Turn Rock Side, Recover, Behind Side Cross, Rock Side, Recover, Slide**

2-3 M: ¼ turn to left RF to right – return on LF
 W: ¼ turn to right LF to left – return on RF

Take your partner's right hand back to the starting position double hand hold

4&5 M: RF cross behind – LF to left – RF cross in front
 W: LF cross behind – RF to right – LF cross in front

6-7-8 M: LF to left – return on RF – slide LF towards RF

W: RF to right – return on LF – slide RF towards LF

Start from the beginning

Restart 1: At the 3rd routine of the dance do the first 16 counts and start from the beginning

Tag Restart: At the end of the 7th routine add the following 4 counts

1-4 M: Rock Cross, Recover, Rock Side, Recover

W: Rock Back, Recover, Rock Side, Recover

1-4 M: LF cross in front – return on RF – LF to left – return on RF

W: RF cross behind – return on LF – RF to right – return on LF

Last Update: 25 Feb 2024
