A Girl on the Coast

拍數: 32   牆數: 4   級數: Improver

編舞者: Shelly Guichard (UK) - February 2024

音樂: Girl On the Coast - Jessie James Decker

Start on vocals approx. 16 count.

Section 1: Right Mambo Fwd., Left mambo back, Right Lock Fwd. ¼ Right and Cross:

1&2	Rock forward on right, recover left, step right next to left.
3&4	Rock back on left recover on right, step left next to right.
5&6	Lock step forward R-L-R
7&8	Step forward on left, ¼ turn right, cross step left over right (3 O'clock)

Section 2: ½ Turn Left. Rhumba Box Fwd. Coater Cross.

1&2	Turn ¼ left stepping back on right. Turn ¼ left stepping left to left side. Cross step right over left. (9 O'clock)
3&4	Step left to left side. Step right next to left. Step forward left.
5&6	Step right to right side. Step left next to right. Step back on right.
7&8	Step back on left. Step right next to left. Cross left over right. (Re Start here on wall 3 facing 3 O' clock)

Section 3: Weave Right. Right Rock & Cross. Weave Left, Left Rock & Cross:

1&2	Step right to right side, cross step left behind right, step right to right side.
&3&4	Cross step left over right. Rock out right recover left. Cross right over left.
5&6&	Step left to left side. Cross step right behind left. Step left to left side. Cross step right over left.
7&8	Rock out left recover right. Cross step left over right.

Section 4: Vine ¼ Right. ¼ Right & cross. Toe heel step right & left

1&2	Step right to right side. Cross step left behind right. ¼ turn right. Stepping forward on right.
3&4	Step forward on left. Turn ¼ turn right. Cross step left over right. (3 O'clock)
5&6	Touch right toe beside left foot. Touch right heel forward. Step down on right.
6&8	Touch left toe beside right foot. Touch Left heel forward. Step down on left.

Start Again.

TAG: At end of wall 6 facing 12 O'clock: Do counts 1 to 4 of the 1st section (mambo's) Then re start the dance from beginning.
Restart: Wall 3;

Dance will end facing 6 O'clock wall. To finish on front wall, replace steps 1&2 of section 1 with a mambo ½ turn to face 12 O'clock.