

I've Got Friends (in Mill Basin)

COPPER KNOB
STEPPERS

拍數: 32 牆數: 2 級數: Beginner - Contra
編舞者: Angela Genduso (USA) - February 2024
音樂: Friends in Low Places (feat. Robert Ray, Clay Hollis & Jerry DeLeon & Southbound) - La Energía Norteña



****Contra Dance 2 lines facing each other**

Start when music speeds up after 32 count of slow lyrics

**** No Tags No Restarts Just Fun with Friends**

[1-8] Lindy Right Lindy Left

1&2 3 4 Step R to right, Step L next to R, Step R to right, Rock L back, Recover to R

5&6 7 8 Step L to left, Step R next to L, Step L to left, Rock R back, Recover to L

[9-16] ½ Monterey Turn Right Repeat

1 2 3 4 Point R to right side, step on R turning ½ right, point L to left side, step on L

5 6 7 8 Repeat

****Easy Option: Replace Monterey Turn with 4 point steps in place**

[17-24] 4 Shuffles Forward

1&2 Step R Forward, Step L to R, Step R Forward

3&4 Step L Forward, Step R to L, Step L Forward

5&6 Step R Forward, Step L to R, Step R Forward

7&8 Step L Forward, Step R to L, Step L Forward

[25-32] Rocking Chair, 2x ¼ left pivot turn

1 2 3 4 Rock R Forward, Recover on L, Rock R Back, Recover on L

5 6 7 8 Step R Forward, ¼ Pivot Left putting weight on L. Step R Forward, ¼ Pivot Left putting weight on L.

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