

Still Going Strong

COPPER KNOB
BY SHEETS

拍數: 16 牆數: 4 級數: Beginner - NC2S
編舞者: Charles Alexander (SWE) - February 2024
音樂: You're Still the One (The Campfire Sessions) - Sarah Darling : (Album: You're Still The One - The Campfire Sessions)



Intro: 16 counts, approx. 14 sec – 66 bpm

[1 – 8] RIGHT BASIC, SWAY L-R, ¼ TURN, STEP, ½ TURN, ¼ SWAY R-L

1-2& Step R to side. Step L behind R. Cross R over L.
3-4 Sway body L. Sway body R.
5-6& Make ¼ turn left and step L forward. [9:00] Step R forward. Make ½ turn left taking weight on L. [3:00]
7-8 Make ¼ turn left and step R to side and sway body R. Sway body L. [12:00]

[9 – 16] DIAMOND FALLWAY, CROSS ROCK, RECOVER, SIDE, CROSS, SIDE, CROSS

1-2& Step R to side. Make 1/8 turn left and step back on L. Step back on R. [10:30]
3-4& Make 1/8 turn left and step L to side. Make 1/8 turn left and step R forward. Step L forward. [7:30]
5-6& Rock R over L. Recover onto L. Make 1/8 turn right and step R to side. [9:00]
7-8& Cross L over R. Step R to side. Cross L over R.

Restart: During wall 3 and 8 after 8 counts (starts and ends facing 6:00)

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