

Nothing You Can Take

拍數: 32 牆數: 4 級數: Improver
編舞者: Daisy Simons (BEL) - February 2024
音樂: Nothing You Can Take From Me (Boot-Stompin' Version) (from The Hunger Games: The Ballad of Songbirds & Snakes) - Rachel Zegler & The Covey Band



Section 1: R CHARLESTON, L COASTERSTEP, LOCKSTEP FWD, MAMBO STEP

1-2 Touch R toe forward, step R back
3&4 Step L back, step R next to L, step L forward
5&6 Step R forward, lock L behind R, step R forward
7&8 Rock L forward, recover weight to R, step L back

Section 2: TOE STRUT 1/2 TURN R, TOE STRUT 1/2 TURN R, COASTERSTEP, LOCKSTEP L, SCUFF, LOCKSTEP R, SCUFF

1& ½ turn right touch R toe forward, drop R heel down
2& ½ turn right touch L toe back, drop L heel down (12:00)
3&4 Step R back, step L next to R, step R forward
*****Tag 1 & Restart in wall 3 (6:00)**
5&6& Step L forward, lock R behind L, step L forward, scuff R forward
7&8& Step R forward, lock L behind R, step R forward, scuff L forward
*****Tag 2 & Restart in wall 6 (9:00)**

Section 3: CROSS, 1/4 TURN L BACK, CHASSE L, JAZZBOX CROSS WITH TOE STRUTS

1-2 Cross L over R, ¼ turn left stepping R back (9:00)
3&4 Step L to left side, step R next to L, step L to left side
5& Cross R toe over L, drop R heel down
6& Touch L toe back, drop L heel down
7& Touch R toe to right side, drop R heel down
8& Touch L toe cross over R, drop L heel down

Section 4: SIDE, TOUCH, SIDE, KICK, BEHIND, SIDE, CROSS, SIDE, TOUCH, SIDE, KICK, BEHIND, SIDE, FORWARD

1&2& Step R to right side, touch L next to R, step L to L side, low kick R to R diagonal
3&4 Step R behind L, step L to left side, cross R over L
5&6& Step L to left side, touch R next to L, step R to R side, low kick L to L diagonal
7&8 Step L behind R, step R to right side, step L forward (9:00)

Start again.

Tag 1 & Restart: in wall 3 (6:00) dance up to count 12, add the 16 count tag:

1-4 Stomp L forward, Hold over 3 counts
5-8 Stomp R forward, Hold over 3 counts
1-4 Stomp L forward, Hold over 3 counts
5-6 Step R forward, Hold
7-8 ¼ turn left, Hold

Start again facing 3:00

Tag 2 & Restart: in wall 6 (9:00) dance up to count 16, add the (slow) 16 count tag:

1-4 Step L forward (on the word "Nothing"), drag R next to L (slow)
5-8 Step R back (on the word "Keeping"), drag L next to R (slow)
1-4 Step L ¼ turn left forward (on the word "Nothing"), drag R next to L (slow)
5-8 Step R back (on the word "Worth"), drag L next to R (weight on L) (slow)

Hold until the music kicks back in and start again facing 6:00

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