

Colgando en Tus Manos

COPPERKNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: High beginner
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音樂: Colgando en Tus Manos (con Marta Sánchez) - Carlos Baute



Start approx after 40 second

SECT 1 : FORWARD STEP (R-L), FORWARD MAMBO , BACKSTEP (R – L – R –) , ANCHOR STEP

1 – 2 Step Rf fwd , Lf fwd
3 & 4 Step Rf rock fwd , Lf recover , Rf step back
5 – 6 Step Lf back , Rf back
7&8 Step Lf back , Rf recover , Lf recover

SECT II WHISK (R-L) , WHISK TURN LEFT ¼ (R-L)

1 a 2 Step Rf to side , Lf Ball cross behind Rf , recover on Rf
3 a 4 Step Lf to side , Rf ball cross behind Lf , recover on Lg
5 a 6 Step Rf turn left ¼ to side , ball cross behind Rf , recover on Rf
7 a 8 Step Lf to side , Rf ball cross behind Lf , recover on Lf

Restart here on Wall 4 after 16 count (12:00)

SECT III DIAGONAL LOCK SHUFFLE (R-L)

1 – 2 Step Rf diagonal fwd , Step Lf loch behind Rf
3 & 4 Step Rf diagonal fwd , Lf LOCK behind Rf , Rf fwd diagonal
5 – 6 Step Lf diagonal fwd , Rf LOCK behind Lf
7 & 8 : Step Lf diagonal fwd , Rf Lock behind Lf , Lf diagonal fwd

SECT IV FORWARD TURN LEFT ½. (2X) , JAZZ BOX

1 – 2 Step Rf fwd , Lf turn left ½
3 – 4 Step Rf fwd , Lf turn left ½
5 – 6 Step Rf cross over Lf , Lf back
7 – 8 Step Rf to side , Rf close Lf

Tag after Wall 1 (09:00)

Tag after Wall 6 (06:00)

Ending on Wall 12 (12:00)

TAG : V – STEP

1 – 2 Step Rf diagonal fwd , Lf diagonal Fwd
3 – 4 Step Rf back to Center , Lf close Rf

Last Update: 26 Feb 2024