

# Get Out

拍數: 64      牆數: 4      級數: Phrased Intermediate  
編舞者: Rex Chuan (USA) - February 2024  
音樂: Get Out - Olivia Newton-John



Start: After 16 counts of intro

Sequence: A,B,A,B,A,tag,A,B\*,B,A

## Part A

### Section 1: Forward, Scrub, Cross, Rock, Recover, Side, Cross, Rock, Together, Cross, Side, Together

1&2&3.      RF Forward(1), scrub LF(&), hold 2, cross LF(&), rock RF R(3)  
4&5&.      Recover(4), step RF R(&) R half turn and cross LF(5), rock RF R(&)  
6&7&8.      Hold 6, step LF together(&), cross RF(7), step LF L(8), step RF together(&) (6:00)

### Section 2: Side, Tap, Skate, Tap, Skate, Tap, Back, Coaster Step

1234.      Step LF L(1), toe RF together(2), step RF diagonally(3), toe LF together(4)  
567&8.      Step LF diagonally(5), toe RF together(6), step RF back(7), step LF back(8), step RF together(&) (6:00)

### Section 3: Forward, shuffle, shuffle, Tap, Back, Side Tap, Cross, Side

12&34&.      Step LF forwards(1), step RF diagonally(2), lock LF in(&), step RF forwards(3), step LF diagonally(4), lock RF in(&)  
5&6&7&8.      Step LF forwards(5), toe RF together(&), hold 6, R quarter turn R and step RF R(&), tap LF L(7), cross LF(8), step RF R(&) (9:00)

### Section 4: Back Rock, Recover, Forward, Shuffle, Charleston

1&23&4.      Rock LF Back(1), recover(&), step LF forwards(2), Step RF forwards(3), lock LF in(&), step RF forwards(4)  
5678.      Tap LF Forwards(5), step LF back(6), tap RF back(7), step RF forwards(8) (9:00)

## Part B

### Section 1: Side Rock, Recover, Back, Back, Together, Side Tap, Together, Side Tap, Together, Forward, Together

1234&.      Rock LF L(1), recover(2) and R 3/4 turn, step LF back(3), step RF back(4), step LF together(&)  
5&6&7&8.      Tap RF R(5), step together(&), tap LF L(6), step together(&), step RF forwards(7), step LF together(8)(9:00)

### Section 2: Side Rock, Recover, Kick, Together, Forward&Heel-Jerk, Back, Back, Sailor Step

123&4&.      Rock RF R(1), Recover(2), Kick RF forwards(3), step RF together(&), step LF forwards and jerk both heels left-wards(4), jerk switch heels back(&)  
567&8.      Step LF back(5) and sweep RF back, step RF back(6) and sweep LF back, L quarter turn and step LF back(7), step RF R(&), step LF forwards(8)(6:00)

### Section 3: Vaudeville Kick First, Side, Hip Down, Recover, Back Cross Rock, Recover

1&2&3&4&.      Kick RF diagonally (1), step RF in place(&), cross LF(2), step RF R(&), kick LF diagonally(3), step LF in place(&), cross RF(4), step LF L(&)  
567&8.      Step RF R(5), hip down as though it is drawing a circle(6), hip up and recover weight on LF(7), cross rock LF back(8), recover(&)(6:00)

### Section 4: Walk, Tap Together, Walk, Tap Together, Walk X4

1234.      R quarter turn and step RF diagonally(1), tap LF together(2), step LF diagonally(3), tap RF together (4)

5678. R quarter turn and step RF forwards(5), R quarter turn and step LF forwards(6), R quarter turn and step RF forwards(7), step LF forwards(8)(6:00)

**Tag(4 counts):unwind L  $\frac{3}{4}$  turns**

**\*Transition from B to B needs to insert a RF ball change step at half beat of count 8 in order to start next B with LF.**

**Enjoy the dance!**

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