

Herzklopfn

拍數: 64
編舞者: Julia Radtke (DE) - February 2024
音樂: Herzklopfn - Poxrucker Sisters

牆數: 2

級數: Phrased Intermediate



Phrase: AB AB A Tag1 B AB Tag2 AA BB AA
Intro:16 Counts

Part A

[1-8] Side Rock, Cross Triple Step, Hinge Turn, Cross Triple Step

1-2 RF Step right – Recover on LF
3&4 RF Cross in front of LF – LF Step side – RF cross in front of LF
5-6 ¼ Turn right, LF Step back – ¼ Turn right, RF Step Side (6:00)
7&8 LF cross in front of RF – RF step side – LF cross in front of RF

[9-16] Box Turn, Cross Rock, Side, Cross Rock, Side

1 RF step side
2 ¼ turn left, LF step left (3:00)
3 ¼ turn left, RF step right (12:00)
4 ¼ turn left, LF step left (9:00)
5-6 RF cross in front of LF – Recover on LF
& RF step side
7-8 LF cross in front of RF – Recover on RF
& LF step side

[17-24] Walk, Walk, Triple Step, Rock Step, ¼ Triple turn

1-2 RF step forward – LF step forward
3&4 RF Step forward – LF close behind RF – RF step forward
5-6 LF step forward – Recover on RF
7&8 ¼ turn left, LF step side – RF close next to LF – LF Step side (6:00)

[25-32] Jazz Box, Out, Heel Bounce

1-4 RF cross in front of LF – LF step back – RF step side – LF step forward
5 RF step side
&6&7 Lift both Heels up – both Heels Down – Lift both Heels up – both Heels down
&8 Lift both Heels up – both Heels down (weight on LF)

Part B

[1-8] Scoot back with Hitch, Scoot back with Hitch, Coaster Step, Rock Step, Triple ½ Turn

1& RF step back – slide on RF back, while lifting left Knee up
2& LF step back – slide on LF back, while lifting right Knee up
3&4 RF Step back - LF close next to RF – RF step forward
5-6 LF step forward – Recover on RF
7&8 ½ turn left, LF step forward – RF close behind LF – LF step forward (6:00)

[9-16] Rocking Chair, Heel Switch, Point, ¼ Turn with Flick

1-2 RF step forward – Recover on LF
3-4 RF step back – Recover on LF
5&6& Right Heel forward – RF close next to LF – Left Heel forward – LF close next to RF
7-8 RF point right – ¼ turn left, RF flick back (3:00)

[17-24] Rock Step, 1 ¼ Triple Turn, Cross, Side, Behind-Side-Cross

1-2 RF step forward – Recover on LF

3&4 do a 1 ¼ Triple turn right (r,l,r) (6:00)
5-6 LF cross in front of RF – RF step side
7&8 LF cross behind RF - RF Step side - LF cross in front of RF

[25-32] Side Rock, Close, Side Rock,Close, Monterey Turn

1-2 RF step side – Recover on LF
& RF close next to LF
3-4 LF step side – Recover on RF
& LF close next to RF
5-8 RF Point right – ½ turn right,close RF next to LF – LF point left – LF close next to RF (12:00)

Tag 1

[1-8] Jazz Box, Out, Heel Bounce

1-4 RF cross in front of LF – LF step back – RF step side – LF step forward
5 RF step side
&6&7 Lift both Heels up – both Heels Down – Lift both Heels up – both Heels down
&8 Lift both Heels up – both Heels down (weight on LF)

Tag 2 (Nightclub Feeling)

[1-8] Full Diamond

1-2& RF Step side – 1/8 turn left, LF step back – RF step back (10:30)
3-4& 1/8 turn left, LF step side (9:00) – 1/8 turn left, RF step forward – LF step forward (7:30)
5-6& 1/8 turn left, RF step side (6:00) – 1/8 turn left, LF step back (4:30) – RF step back
7-8& 1/8 turn left, LF step side (3:00) – 1/8 turn left, RF step forward – LF step forward (1:30)

Turn one more 1/8 Turn left, to start at 12:00 with Part A

Last Update: 9 Aug 2024
