

I Would Walk 500 Miles

COPPER KNOB
STEPSHEETS

拍數: 96 牆數: 2 級數: Phrased High Beginner
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音樂: I'm Gonna Be (500 Miles) - The Proclaimers



Phrasing: AA, B, AA, B, C, TAG 1, AA, TAG 2, B, CC, B

PART A (32 COUNTS)

S1: WALK FORWARD, KICK; WALK BACK, TOUCH

1-4 Walk forward right, left, right, kick left
5-8 Walk back left, right, left, touch right next to left

S2: GRAPEVINES RIGHT AND LEFT

1-4 Step right to right side, step left behind right. Step right to right side, touch left next to right
5-8 Step left to left side, step right behind left. Step left to left side, touch right next to left

S3: TOE STRUTS FORWARD (X4)

1-2 Touch right toe forward, drop right heel as you put weight onto right foot
3-4 Touch left toe forward, drop left heel as you put weight onto left foot
5-6 Touch right toe forward, drop right heel as you put weight onto right foot
7-8 Touch left toe forward, drop left heel as you put weight onto left foot

S4: TWO ¼ PIVOT TURNS LEFT, JAZZ BOX

1-4 Step right foot forward, turn ¼ to the left, step right foot forward, turn ¼ to the left
5-8 Cross right over left, step left back, step right to side, step left next to right

PART B (32 COUNTS)

S1: WALK FORWARD, KICK; WALK BACK, TOUCH

1-4 Walk forward right, left, right, kick left
5-8 Walk back left, right, left, touch right next to left

S2: WALK FORWARD, KICK; WALK BACK, TOUCH

1-4 Walk forward right, left, right, kick left
5-8 Walk back left, right, left, touch right next to left

S3: GRAPEVINES RIGHT AND LEFT

1-4 Step right to right side, step left behind right. Step right to right side, touch left next to right
5-8 Step left to left side, step right behind left. Step left to left side, touch right next to left

S4: TWO ¼ PIVOT TURNS LEFT, JAZZ BOX

1-4 Step right foot forward, turn ¼ to the left, step right foot forward, turn ¼ to the left
5-8 Cross right over left, step left back, step right to side, step left next to right

PART C (32 COUNTS)

S1: SIDE STEP TOUCHES (X4)

1-4 Step right to side, touch left beside right, step left to side, touch right beside left
5-8 Step right to side, touch left beside right, step left to side, touch right beside left

ARMS: Clap hands while touching side to side

S2: HALF TURN OVER LEFT SHOULDER IN 8 COUNTS

1-8 Right foot, left foot, right foot, left foot, right foot, left foot, right foot, left foot

ARMS: Wave arms side to side at chest level while touching side to side

S3: SIDE STEP TOUCHES (X4)

1-4 Step right to side, touch left beside right, step left to side, touch right beside left
5-8 Step right to side, touch left beside right, step left to side, touch right beside left

ARMS: Clap hands while touching side to side

S4: HALF TURN OVER LEFT SHOULDER IN 8 COUNTS

1-8 Right foot, left foot, right foot, left foot, right foot, left foot, right foot, left foot

ARMS: Wave arms side to side at chest level while touching side to side

TAG 1: K-STEP

1-2 Diagonal step forward right, touch left beside right

3-4 Diagonal step back left, touch right beside left

5-6 Diagonal step back right, touch left beside right

7-8 Diagonal step forward left, touch right beside left

TAG 2: HIP BUMPS (X6), K-STEP

1-2 Bump hips left

3-4 Bump hips right

5-6 Bump hips left

7-8 Diagonal step forward right, touch left beside right

9-10 Diagonal step back left, touch right beside left

11-12 Diagonal step back right, touch left beside right

13-14 Diagonal step forward left, touch right beside left

Last Update: 18 Feb 2024
