

Texas Hold 'Em

拍數: 32 牆數: 0 級數: Phrased Intermediate
編舞者: Nicole Meeks (USA) - February 2024
音樂: TEXAS HOLD 'EM - Beyoncé



Sequence: A,A,B,Mini Tag,A,A,Tag,A,A,B,B,A,A,A,A,Tag,A,A,B,B,A,A,A,A

Section A: 16c

Walk, Walk and toe and heel, Walk Walk and toe and heel

- 1 Walk R
- 2 Walk L
- &3 Step R, tap left toe
- &4 step L, tap R heel
- &5 ball R, step L
- 6 Walk R
- &7 Step L, tap right toe
- &8 Step R, tap Left heel

Ball Change, Pivot, Step, Pivot, Jazz square

- &1 ball L, step R
- 2 180 pivot
- 3 step R
- 4 90 pivot
- 5 cross R over L
- 6 step L out
- 7 step R out
- 8 step L together

Section B: 16c

Weave with point, stepping turn, push hop

- 1 step R to the R
- 2 Step L behind R
- & Step R to the R
- 3 Cross L in front of R
- & step R to the R
- 4 Point L to the Left (option finger points to the right)
- 5 Step L forward, turning 90 to the left
- 6 Step R forward, turning 90
- 7 Step Left together to R, turning 90
- 8 small hop back with both feet together (optional hands on back of waist)

Toe Swivels, heel hitch, step pivot, step together

- &1 Right ball, step out L
- &2 toe swivel on ground
- &3 Left ball, step out R
- &4 hitch R knee up and back down
- &5 Right foot back, L forward
- 6 pivot 90 to the right
- 7 step R in
- 8 step L in

Mini Tag

1,2,3, 4 hips sway R and L

Tag

Hip Bumps, Grapevine slap, Turning Shuffles, step touch

1,2 Step R to the R and Hip bumps R
3,4 Hip bumps L
5 Step R to the R
6 step L behind R
7 Step R to the R
8 Flick L foot behind R leg and slap foot with right hand

1,2 Turn 90 to L and Shuffle L
3,4 Turn 180 to L and Shuffle R
5 Step L turning 90
6 Step R together
7 Step R to the R
8 Step L together

Repeat to Left Side

1,2 step L to left and Hip bumps L
3,4 Hip bumps R
5 Step L to the L
6 step R behind L
7 Step L to the L
8 Flick R foot behind L leg and slap foot with left hand

1,2 Turn 90 to R and Shuffle R
3,4 Turn 180 to R and Shuffle L
5 Step R turning 90
6 Step L together
7 Step L to the L
8 Step R together

Instagram: dancing_with_nicole
email: dancingwithnicole@yahoo.com
