Untukmu Aku Bertahan



編舞者: Rika Djamhari (INA) - February 2024

音樂: Untukmu Aku Bertahan - Afgan



** 2x Restart, 1x Tag and Restart

Intro: 16 Counts

S1. BACKWARD WITH SWEEP - CROSS BEHIND - SIDE - CROSS OVER WITH SWEEP - CROSS OVER - SIDE - 1/2 TURN SIDE WITH BEND L KNEE - RECOVER - CROSS OVER - SIDE - BACK ROCK

1-2&. Step L backward with sweep R from front to back, cross R behind L, step L to side3-4&. Cross R over L with sweep L from back to front, cross L over R, step R to side

5-6&. 1/2 turn to left and step L to side with bend L knee, recover on R, cross L over R (06:00)

7-8&. Step R to side, rock L back, recover on R

S2. FULL TURN SPIRAL - FORWARD SHUFFLE - FORWARD ROCK - TURN BASIC NC - TURN BACK - TOUCH

1-2&. Step L slightly forward and full turn to right (WOL), step R forward, step L together

3-4&. Step R forward, rock L forward, recover on R

5-6&. 1/4 turn to left and step L to side, step R slightly behind L, cross L over R (03:00)

7-8. 1/4 turn to left and step R back, touch L beside R (12:00)

S3. TURN FORWARD ROCK - TURN SIDE - TURN FORWARD ROCK - TURN FORWARD - 2× FULL TURN - CROSS OVER WITH SWEEP - TURN SIDE - BACKWARD

1-2&. 1/4 turn right and step L forward, recover on R, 1/4 turn left and step L to side

3-4&. 1/4 turn to left and step R forward, recover on L, 1/2 turn to right and step R forward (03:00) 5&6&. 1/2 turn to right and step L back with hitching R knee, 1/2 turn to right and step R forward, 1/2

turn to right and step L back with hitching R knee, 1/2 turn to right and step R forward

7-8&. Cross L over R with sweep L from back to front, 1/8 turn to right and step R to side, step L

back (4:30)

Option, for an easy intermediate level: 2×Full Turn can be replace with Walk L/R (5-6. Step L forward, step R forward)

S4. TURN DIAMOND - FORWARD ROCK WITH BEND L KNEE - TOGETHER - BACKWARD WITH LIFT FORWARD - SYNC COASTER STEP - FORWARD

1-2&. Step R backward with hitching L knee, step L backward, 1/8 turn to right and step R to side

(06:00)

3-4&. Step L forward with bend L knee, recover on R, step L beside R5-6&. Step R backward with lift L forward, step L backward, step R together

7-8. Step L forward, step R forward

Repeat Again.

- * Restart on wall 2 after 16 counts (facing 06:00)
- ** Tag and Restart on wall 5 after 16 counts (facing 06:00)

TAG: 4 counts of TAG: SIDE SWAY L/R/L/R

1-4. Step L to side with sway to L, sway R/L/R

^{***} Restart here on wall 7 (facing 06:00)

^{*} Restart here on wall 2 (facing 06:00)

^{**} Tag and Restart here on wall 5 (facing 06:00)

*** Restart on wall 7 after 8& counts (facing 6)

Enjoy the dance!

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