

# Million Little Band aids

拍數: 32      牆數: 2      級數: Improver  
編舞者: Magali CHABRET (FR) - February 2024  
音樂: Million Little Band aids (feat. Zac Brown Band) - Caroline Jones



## #18 counts intro (10 sec)

### S1 – JAZZ BOX 1/8 TURN R, ROLLING FULL TURN 1 ¼ L, TRIPLE STEP FWD

1-2-3      Body facing 1:30, cross Rf over Lf – step Lf back – turn 1/8 R stepping Rf to R side (3:00)  
4      Touch Lf next to Rf  
5-6      Turn 1/4 L stepping Lf forward – turn 1/2 L stepping Rf back (6:00)  
7&8      Turn 1/2 L stepping Lf forward – step Rf beside Lf – step Lf forward (12:00)

### S2 – ROCK STEP FWD, & POINT FWD, HOLD, & ROCK STEP FWD, BACK TRIPLE STEP

1-2      Rock Rf forward – recover onto Lf  
&3-4      Close Rf next to Lf – point Lf forward – hold  
&      Close Lf next to Rf \*\*  
5-6      Rock Rf forward – recover onto Lf  
7&8      Step Rf back – step Lf beside Rf – step Rf back

### S3 – UNWIND ½ L, PIVOT ¼ L, CROSS SHUFFLE, ¼ TURN R, STEP SIDE

1-2      Touch L toes back – unwind 1/2 turn L taking weight on Lf (6:00)  
3-4      Step Rf forward – pivot 1/4 turn L (3:00)  
5&6      Cross Rf over Lf – step Lf to L side – cross Rf over Lf  
7-8      Turn 1/4 R stepping Lf back – step Rf to R side (6:00)

### S4 – CROSS SHUFFLE, DIAG FWD ROCK STEP, COASTER STEP, STEP, SWEEP

1&2      Cross Lf over Rf – step Rf to R side – cross Lf over Rf  
3-4      Rock Rf diagonally forward right – recover onto Lf (7:30)  
5&6      Step Rf back – close Lf next to Rf – step Rf forward (7:30)  
7-8      Step Lf forward – sweep Rf from back to front (7:30)

### TAG comes twice : after wall 2, facing 1:30, after wall 6, facing 7:30 :

1-2      Step Rf forward – point L toes to L side  
3-4      Step Lf forward – point R toes to R side

### TAG / RESTART: wall 4 starts facing 7:30. Dance until « Section 2, count 4& », then add :

1-2      Stomp Rf forward – stomp Lf forward

### Then restart the dance from the beginning

« Croquez la vie à pleines danses ! » Magali Chabret - galicountry76@yahoo.fr

Fiche originale de la chorégraphie. Merci de ne pas modifier ces pas de quelque manière que ce soit.