

I'm Free

拍數: 56 牆數: 2 級數: Phrased Improver
編舞者: Mei Lestari (INA) - February 2024
音樂: Im Free - Souljah



Sequence : A A B B C(24) B B C B B A A A B B B B

Intro 32 counts

A (8 counts)

OUT-OUT, IN-IN, CHASSE TO R, ½ TURN R CHASSE TO L

1,2 Step RF out to R diagonal, step LF to L diagonal
3,4 Step RF back to center, step LF beside RF
5&6 Step RF to R, close LF next to RF, step RF to R
7&8 ½ turn R step LF to L, close RF next to LF, step LF to L (6:00)

B (16 counts)

B1. VAUDEVILLE, DIAMOND STEP ½ TURN R

1&2& Cross RF over LF, step LF to L, touch R heel to diagonal R, step RF beside LF
3&4& Cross LF over RF, step RF to R, touch L heel to diagonal L, step LF beside RF
5&6& Cross RF over LF, step LF to L, 1/8 turn R step RF back, hitch on LF
7&8 Step LF back, 1/8 turn R step RF to R, 1/8 turn R step LF forward (4:30)

B2. PADDLE TURN 7/8 TO L, STEP TOUCH, SIDE-TOGETHER-SIDE

1,2 Step R ball forward turning ¼ to L, step R ball forward turning ¼ to L
3,4 Step R ball forward turning ¼ to L, turning 1/8 to L step on RF
5&6& Step LF to L, touch RF beside LF, step RF to R, touch LF beside RF
7&8 Step LF to L, close RF next to LF, step LF to L

C (32 counts)

C1. DOUBLE STEP DIAGONAL R-L, STEP TOUCH BACK

1&2& Step RF to R, close LF next to RF, step RF to R (1:30), touch LF beside RF (12:00)
3&4& Step LF to L, close RF next to LF, step LF to L (10:30), touch RF beside LF (12:00)
5&6& Step RF diagonal back, touch LF beside RF, step LF diagonal back, touch RF beside LF
7&8 Step RF diagonal back, touch LF beside RF, step LF to L

C2. WEAVE, CROSS SHUFFLE, HEEL TOUCH

1&2& Cross RF over LF, step LF to L, cross RF behind LF, step LF to L
3&4 Cross RF over LF, step LF to L, cross RF over LF
5&6& Touch L heel forward, step LF beside RF, touch R heel forward, step RF beside LF
7&8 Touch L heel forward, touch RF beside LF, touch L heel forward

C3. BEHIND-SIDE-CROSS, STEP TOUCH, WALK AROUND

1&2 Cross LF behind RF, step RF to R, cross LF over RF
3&4& Step RF to R, touch LF beside RF, step LF to L, touch RF beside LF
5,6 ¼ turn R step RF forward, ¼ turn R step LF forward
7,8 ¼ turn R step RF to R, ¼ turn R step LF forward

C4. K STEP, DOUBLE STEP

1&2& Step RF to diagonal R, touch LF beside RF, step LF back diagonal L, touch RF beside LF
3&4& Step RF back diagonal R, touch LF beside RF, step LF to diagonal L, touch RF beside LF
5&6& Step RF to R, close LF next to RF, step RF to R, touch LF beside RF
7&8 Step LF to L, close RF next to LF, step LF to L

Have Fun....
