

Don't Let the Old Man In

拍數: 32 牆數: 4 級數: High Beginner
編舞者: Britt Christoffersen (DK) - February 2024
音樂: Don't Let the Old Man In - Toby Keith : (itunes)



Intro 2 x 8

Ending: Replace Monterey $\frac{1}{4}$ R CROSS with Rocking chair

S1: CROSS, SIDE, BEHIND, SWEEP, BEHIND, SIDE, CROSS, SWEEP

- 1-2 Cross right over left, step left to left side.
- 3-4 Cross right behind left, sweep left from front to back.
- 5-6 Cross left behind right, step right to right side.
- 7-8 Cross left over right, sweep right from back to front.

S2: JAZZBOX $\frac{1}{4}$ RIGHT CROSS, Monterey $\frac{1}{4}$ R CROSS

- 1-2 Cross right over left, step back on left turning $\frac{1}{4}$ right (3:00)
- 3-4 Step right to right side, cross left over right. (#Ending)
- 5-6 Point right to right side, turn $\frac{1}{4}$ right on left step right next to left.
- 7-8 Point left to left side, cross left over right.

S3: Figure 8

- 1-2-3 Step right to right side, cross left behind right, step right $\frac{1}{4}$ turn right.
- 4-5 Step forward left, pivot $\frac{1}{2}$ turns right shifting weight to right foot.
- 6-7-8 On ball of right make $\frac{1}{4}$ turns right, stepping left to left side, cross right behind left, step left to left side.

S4: Jazz Box, $\frac{1}{8}$ HIP ROLL L, $\frac{1}{8}$ HIP ROLL L

- 1-2 Cross right over left step back on left.
- 3-4 Step right to right side step left forward.
- 5-6 Step forward on right, pivot $\frac{1}{8}$ left rolling hips anticlockwise
- 7-8 Step forward on right, pivot $\frac{1}{8}$ left rolling hips anticlockwise (weight ends on left)

"Life is short. Break the rules, forgive quickly, kiss slowly, love truly, laugh uncontrollably, and never regret anything that makes you smile." - Toby Keith

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