

# Sendiri Itu Tak Mudah

COPPER KNOB  
BY STEPHEN

拍數: 32                      牆數: 2                      級數: Intermediate  
編舞者: Chok Fredo (INA) - February 2024  
音樂: Sendiri Itu Tak Mudah 2024 - Yuni Shara



Start Dance On Vocal Lyrics  
No tag / 2 restarts

## Sec I. BASIC NC - SPIRAL $\frac{3}{4}$ RIGHT - FORWARD - $\frac{1}{4}$ TURN RIGHT SIDE -SIDE - CROSS BEHIND - CROSS ROCK -RECOVER - TURN $\frac{1}{4}$ LEFT

1-2&                      step RF to side (1) cross LF slightly behind RF (2) cross RF over LF (&  
3-4&                      step LF to side and make spiral  $\frac{3}{4}$  right (3) facing 9.00, step RF forward (4) turn  $\frac{1}{4}$  right weigh  
                                 LF to side left (&) facing 12.00  
5-6&                      step RF to side (5) cross LF behind RF (6) step RF to side (&  
7-8&                      rock cross LF over RF (7) recover on RF (8) turn  $\frac{1}{4}$  left step LF forward (&) facing 9.00  
**RESTART HERE ON WALL 4 (TURN  $\frac{1}{4}$  LEFT FACING 12.00**

## Sec II. FORWARD AND SWEEP - SIDE - BACK AND SWEEP - SIDE - $\frac{1}{2}$ DIAMOND LEFT

1-2&                      step RF forward and sweep LF forward (1) cross LF over RF (2) step RF to side (&  
3-4&                      step LF back and sweep RF back (3) cross RF behind LF (4) weigh LF to side left(&  
5-6&                      step RF to side (5) turn  $\frac{1}{8}$  left step LF back (6) step RF back (&  
7-8&                      turn  $\frac{1}{8}$  left step LF to side (7) step RF forward (8) step LF forward (&

## Sec III. BASIC NC - TURN $\frac{1}{4}$ RIGHT 2X - TURN $\frac{1}{8}$ RIGHT - WALK 2X - ROCK - RECOVER TURN $\frac{3}{8}$ LEFT FORWARD - $\frac{1}{2}$ PIVOT RIGHT

1-2&                      step RF to side (1) cross LF slightly behind RF (2) cross RF over LF (&  
3&                              turn  $\frac{1}{4}$  right step LF back (3) turn  $\frac{1}{4}$  right step RF to side (&) facing 9.00  
4&5                        turn  $\frac{1}{8}$  right step LF forward (4) step RF forward (&) rock LF forward (5) facing 10.30.  
6&7                        recover on RF (6) turn  $\frac{3}{8}$  left step LF forward (&) step RF forward (7) facing 6.00  
8&                            step LF forward ( 8) turn  $\frac{1}{2}$  right RF in place (&

**RESTART HERE ON WALL 7 WITH CHANGE STEP**

## Sec IV. FORWARD - FULL TURN - FORWARD - ROCK FORWARD - RECOVER - BACK - SWEEP BACK 3X - TURN $\frac{3}{8}$ LEFT - FORWARD

1-2&                      step LF forward (1) turn  $\frac{1}{2}$  left step RF back (2) turn  $\frac{1}{2}$  left step LF forward (&  
3-4&                      step RF forward (3) rock LF forward (4) recover on RF ( &  
5- 6                        step LF back and sweep RF back (5) cross RF behind LF (6)  
7-8&                      sweep LF back and cross LF behind RF (7) sweep RF back and cross RF behind LF (8) turn  
                                  $\frac{3}{8}$  step LF forward (&) facing 7.30

Restart 1 On Wall 4 after 8 Count ( Turn  $\frac{1}{4}$  right facing 12.00)

Restart 2 On Wall 7 after 24 Count with change step

\*They have a change step on wall 7

(Sec III count 8& step LF forward (8) turn  $\frac{1}{2}$  right RF in place change step turn  $\frac{1}{2}$  right step LF back (8) facing 12.00 )

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