

Used to Know XCX

拍數: 32 牆數: 4 級數: Improver
編舞者: Rissa Miura (INA) - February 2024
音樂: Used To Know Me - Charli XCX



No Tag, No Restart
Intro dance : 16 counts

S1. BACK WITH HITCH - WALK (R-L) - SIDE ROCK - 1/8 HEEL GRIND - CLOSE TOGETHER - HEEL SWITCHES

1-2-3 Step L back as you hitch your R knee, Step R forward, Step L forward
4& Step R to right side, recover on L
5-6& Dig R heel across L, Grind R heel (fanning toes) from left to right with 1/8 turn right stepping L back, Step R next to L (1.30)
7&8& Touch L heel forward, Step L beside R, Touch R heel forward, step R beside L

S2. WALK LRL - FORWARD LOCK SHUFFLE - 1/2 PIVOT - 1/2 TURN SHUFFLE

1-2-3 Step L forward, Step R forward, Step L forward
4&5 Step R forward, Lock L behind R, Step R forward
6-7 Step L forward, 1/2 turn right step R in place (weight on R) (7.30)
8&1 1/4 turn right step L to left side, step R beside L, 1/4 turn right step L back (1.30)

S3. BACK - SIDE TOUCH - BOTAFOGO - 1/4 DIAMOND

2-3 Step R back, Touch L to left side
4&5 Cross L over R, step ball of R to right side, recover on L (1.30)
6&7 Cross R over L, 1/16 turn right step L to left side, step R back
8&1 Step L back, 1/8 turn right step R to right side, step L forward (3.00)

S4. OUT - OUT - BACK IN - BACK WITH HITCH - PONY STEP - BACK ROCK WITH HITCH

2-3 Step R diagonal forward to right, Step L diagonal forward to left
4-5 Step R back in, close L back next to R with R hitch
6&7 Step R back hitching L knee, Recover on L, Step L back hitching R knee
8& Step L back hitching R knee, recover on R

Enjoy and Have Fun Dancing! May your Day be Gold!

Last Update: 10 Feb 2024