

You and Me

拍數: 32 牆數: 4 級數: Improver
編舞者: Maria Tao (USA) - February 2024
音樂: You and Me - Albert West



Intro: 16 counts

Note: 4 Tags after WALL 1, WALL 3, WALL 5 and WALL 7

[S1] STEP FWD, TAP, BACK LOCK STEP, BACK ROCK, RECOVER, 1/2 TURN L BACK SHUFFLE

1-2 Step R forward, tap L behind R
3&4 Step L back, step R across L, step L back
5-6 Rock R back, recover onto L
7&8 1/4 turn L stepping R to R, step L next to R, 1/4 turn L stepping R back [6:00]

[S2] 3/8 TURN L DIAGONALLY STEP/BUMP HIPS BACK, BUMP HIPS FWD, BUMP HIPS BACK, TOUCH, 1/8 TURN R SIDE, TOGETHER, CROSS SHUFFLE

1-4 3 1/8 turn L stepping L & bumping hips back, bump hips forward, bump hips back, touch R next to L [1:30]
5-6 1/8 turn R stepping R to R, step L next to R [3:00]
7&8 Cross R over L, step L to L, cross R over L

[S3] 1/2 TURN R, POINT, 1/4 TURN L, STEP FWD, 3/4 TURN L, KICK

1-4 1/4 turn R stepping L back, 1/4 turn R stepping R to R, point L to L side, 1/4 turn L stepping L down in place [6:00]
5-8 Step R forward, pivot 1/2 turn L, 1/4 turn L stepping R beside L, kick L forward [9:00]

[S4] BACK ROCK, RECOVER, CHASSE L, BACK ROCK, RECOVER, KICK BALL STEP

1-2 Rock L back, recover onto R
3&4 Step L to L, step R next to L, step L to L
5-6 Rock R back, recover onto L
7&8 Kick R forward, step R beside L, step L forward [9:00]

START AGAIN!

TAG: Add 8 counts tag at the end of WALL 1 (facing 9:00), WALL 3 (facing 3:00), WALL 5 (facing 9:00) and WALL 7 (facing 3:00)

FWD ROCK, RECOVER, 1/2 TURN R FWD SHUFFLE, 1/2 TURN R BACK SHUFFLE, BACK ROCK, RECOVER

1-2 Rock R forward, recover onto L
3&4 1/2 turn R stepping R forward, step L next to R, step R forward
5&6 1/2 turn R stepping L back, step R next to L, step L back
7-8 Rock R back, recover onto L