

Bu De Bu Ai

拍數: 64 牆數: 1 級數: Phrased High Beginner
編舞者: Denny Jay Naim (INA) - January 2024
音樂: Bu De Bu Ai (不特不愛) (feat. Hannah Ying) - Inquisitive



SEQUENCES A – B – B – TAG – A – A – B – B
START DANCING ON SINGING (AFTER 16C)

PART A 32C (WEST COAST SWING) SLOW COUNT

SEC. 1 WALK FORWARD R L, COASTER STEP FORWARD, ANCHOR STEP, COASTER STEP)

1 – 2 Step RF Forward (1), Step LF Forward (2)
3&4 Step RF Forward (3), Close LF beside RF (&), Step RF Back (4)
5&6 Step LF Slightly Behind RF (5), Recover on RF (&), Recover on LF (6)
7&8 Step RF Back (7), Close LF Beside RF (&), Step RF Forward (8)

SEC. 2 LEFT FORWARD, ½ LEFT TURN, SAILOR STEP, SKATE R L – FWD ROCK, ANCHOR STEP

1 – 2 Step LF Forward (1), making ½ Left Turn weight on RF, Sweep LF (06.00) (2)
3&4 Cross LF Behind RF (3), Step RF Side (&), Step LF Side (4)
5&6 Skate RF Forward Diagonally (5), Skate LF Forward Diagonally (&), Step RF Forward (6)
7&8 Step LF Slightly Behind RF (5), Recover on RF (&), Recover on LF (6)

SEC. 3 WALK R L, COASTER STEP FORWARD, ANCHOR STEP, COASTER STEP

1 – 2 Step RF Forward (1), Step LF Forward (2)
3&4 Step RF Forward (3), Close LF beside RF (&), Step RF Back (4)
5&6 Step LF Slightly Behind RF (5), Recover on RF (&), Recover on LF (6)
7&8 Step RF Back (7), Close LF Beside RF (&), Step RF Forward (8)

SEC. 4 LEFT FORWARD, ½ LEFT TURN, SAILOR STEP, SKATE R L – FWD ROCK, ANCHOR STEP

1 – 2 Step LF Forward (1), making ½ Left Turn weight on RF, Sweep LF (12.00) (2)
3&4 Cross LF Behind RF (3), Step RF Side (&), Step LF Side (4)
5&6 Skate RF Forward Diagonally (5), Skate LF Forward Diagonally (&), Step RF Forward (6)
7&8 Step LF Slightly Behind RF (5), Recover on RF (&), Recover on LF (6)

PART B 32C (DISCO) QUICK COUNT

SEC. 1 PRESS SIDE, CLOSE, SLIDE, TOUCH RL

1 – 2 Press RF to Side (1), Close RF Beside LF (2)
3 – 4 Step RF Slide to Side (3), Touch on LF Close to RF (4)
5 – 6 Press LF to Side (5), Close LF Beside RF (6)
7 – 8 Step LF Slide To Side (7), Touch on RF Close to LF (8)

SEC. 2 RIGHT GRAPVINE WITH FLICK INSIDE, LEFT GRAPVINE, TOUCH

1 – 2 Step RF to Side (1), Cross LF Behind RF (2)
3 – 4 Step RF to Side (3), Flick LF Inside (4)
5 – 6 Step LF to Side (5), Cross RF Behind LF (6)
7 – 8 Step LF to Side (7), Touch on RF Close to LF (8)

SEC. 3 FORWARD TOUCH WITH ROLL DOWN, BACK TOUCH WITH ROLL CLAP TWICE

1 – 2 Step RF Forward (1), Touch on LF Close to RF (2), with body flip down and Rolling both hand down
3 – 4 Step LF Back (3), Touch on RF Close to LF (4), with body flip up and Rolling both hand up and Clap
5 – 6 Step RF Forward (5), Touch on LF Close to RF (6), with body flip down and Rolling both hand down

7 – 8 Step LF Back (7), Touch on RF Close to LF (8), with body flip up and Rolling both hand up and Clap

SEC. 4 V STEPS, SIDE TOUCH RL

1 – 2 Step RF to Diagonal Forward (1), Step LF to Diagonal Forward (2)

3 – 4 Step RF Back to Centre (3), Step LF Close to RF (4)

5 – 6 Step RF to Side (5), Touch LF Beside RF (6) did not

7 – 8 Step LF to Side (7), Touch RF Beside LF (8)

TAG (SLOW COUNT)

OPEN AND CLOSE

1 – 2 Open RF to Side with both Hands Open to Side,

3 – 4 Drag RF Close To LF with Both Hands Down

ENJOY THE DANCE..

HAVE A GREAT DAY AND BURN THE DANCE FLOOR!!!

~ DENNY JAY NAIM ~

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