

Cynical

拍數: 32 牆數: 4 級數: Improver
編舞者: Sebastian Buttgerit (DE) - February 2024
音樂: Cynical - twocolors, Safri Duo & Chris de Sarandy



Begin dancing after 8 seconds, just before the vocals kick in.

Tags: 32 Count Tag

Cross, Out, Chassé to the left ¼ Turn L; Step Turn ½ L; Chassé to the right 1/4 L

1-2 Cross L over R, Step R on side
3&4 Chassé to the left (LRL) (turn ¼ over your left shoulder)
5-6 Step Turn (turn ½ over your left shoulder)
7&8 Chassé to the right (RLR) (turn ¼ left to face 12:00 again)

Cross Rock, Recover, Side, Cross, Chassé to the left, Cross, A Heel a

1-2 Cross L over R, Recover on R
3-4 Step L to the side, Cross R over L
5&6 Chassé to the L (LRL)
7&8& Step R over L (7), Step L side L (&), Touch R heel forward (8), Step R next to L (&)

Cross, Side R, Cross Shuffle, Side Touch 2x

1-2 Cross L over R, Step R to R side
3&4 Cross L over R, Step R to R side, Cross L over R
5-6 step R to R side, touch L together
7-8 step L to L side, touch R together

Kick Ball Change, ¼ R Jazz Box, Scuff, Out, Out, In

1&2 Kick R forward (1), Step R next to L (&), Step L in place (2)
3-4 Cross R over L (3), Step L back (4)
5-6 Step R 1/4 turn over R shoulder (5), Step L forward (6)
7&8& Scuff R forward (7), Step right on side (&), Step left on side (8), step right in slightly back(&)

Tag after finishing 9th sequence

Cross, V-Step, Shake

1-2 Cross L over R, Step R fwd onto R diagonal (45 deg)
3-4 Step L fwd onto L diagonal (45 deg), Step R back to centre
5-8 Step L beside R, Arms to the side (5), Shake it (6-8)

Out, Out, In with ¼ turn R, In, Shake

1-2 Step diagonally forward to R with RF, Step diagonally forward to L with LF
3-4 Make a ¼ turn R and close RF next to LF, Close LF next to RF
5-8 Arms to the side (5) – Shake it (6-8)

Grapevine Cross, Slide, Shake,

1-2 Step Right to Right side. Cross Left behind Right
3-4 Step Right to Right side. Cross step Left over Right
5-8 Long step Right to Right side. (5) Drag Left towards Right and shake shoulders (6-8)

Grapevine Cross, Slide, Shake, Out, Out, In

1-2 Left to Left side. Cross Right behind Left.
3-4 Step Left to Left side. Cross step Right over Left
5-8 Long step L to L side. (5) Drag R towers L (6-7), &8& Step right on side (&), Step left on side (8), step right in slightly back (&)

Last Update: 24 Jun 2024
