

# HOLD Me Valentine

**COPPERKNOB**  
STEPSHEETS

拍數: 64      牆數: 4      級數: Easy Improver  
編舞者: Tricia Bristow (USA) - January 2020  
音樂: Valentine - Train



**NO TAGS NO RESTARTS R=RIGHT | L=LEFT | FWD=FORWARD  
HOLD ON 4 & 8 EXCEPT FOR SECTION 4: 5-8 & SECTION 5**

## **SLOW SCISSOR STEPS RIGHT & LEFT WITH HOLDS**

1-2-3-4      Step R to R side, step (slide)left to right, right cross over left, hold  
5-6-7-8      Step L to L side, step (slide) right to left, left cross over right, hold

## **SLOW MAMBO STEPS RIGHT FWD & LEFT BACK WITH HOLDS**

1-2-3-4      Rock fwd R, recover L, step slightly back R, hold  
5-6-7-8      Rock back L, recover R, step slightly fwd L, hold

## **DIAGONAL STEP LOCK STEPS RIGHT FWD & LEFT FWD WITH HOLDS**

1-2-3-4      Step R forward on R diagonal, Step ball of L crossed behind R, Step forward on R, hold  
5-6-7-8      Step L forward on L diagonal, Step ball of R crossed behind L, Step forward on L, hold

## **SLOW R CHASE TURN, TIMELINE (out, out, in, in)**

1-2-3-4      Step forward on R foot, Pivot half (1/2) over left shoulder, Step forward on R, hold  
5-6      Step L foot to L side, Step R foot to R side  
7-8      Step L foot home, Step R foot home

## **KICK, STEP BACK (or in place if needed)**

1-2      Low Kick L foot, step back on L  
3-4      Low Kick R foot, step back on R  
5-6      Low Kick L foot, step back on L  
7-8      Low Kick R foot, step back on R

## **TRAVELING SWIVELS R & L (RAMBLES) WITH HOLDS**

1-2-3-4      Moving to right side: Swivel both heels to right, both toes to right, both heels to right, hold  
5-6-7-8      Moving to left side: Swivel both heels to left, both toes to left, both heels to left, hold

## **R KICK BALL CROSS, R KICK BALL CHANGE FWD**

1-2-3-4      Kick R forward, Land on R with weight on R, L Cross over R, hold  
5-6-7-8      Kick R forward, Land on R with weight on R, Step forward on L, hold

## **STEP FWD R, HOLD, PIVOT TURN ½, STEP FWD R, HOLD, PIVOT TURN ¼**

1-2-3-4      Step R forward, hold, Pivot ½ over L shoulder, hold  
5-6-7-8      Step R forward, hold, Pivot ¼ over L shoulder, hold

**End of Dance. Repeat. Enjoy.**

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