

# If I EverLeave

拍數: 72                      牆數: 2                      級數: Phrased Intermediate  
編舞者: Rachelle Wieczorek (USA) - January 2024  
音樂: Everleave - Alexandra Kay



Phrasing: intro – A – B – C – B – (A) – A – B – C – B – C – T – C – B – T – B – outro

## PART A: 24 counts

### Step Cross Side-Rock-Cross L then R plus Wandering 1/2 Turn

- 1-2                      LF step side, RF side diagonal forward and across LF (facing 11:30)  
3&4                      LF side rock left, replace weight on RF, step LF across RF (body angle at 1:30)  
5-6                      RF step side, LF side diagonal forward and across RF  
7&8                      RF side rock left, replace weight on LF, step RF across LF (body angle at 11:30)
- 9-12                      Walk in a half circle L-R-L-R (9:00, 7:30, 6:00, 4:30)
- 13-24                      Repeat steps 1-12

## PART B: 16 counts

### Forward Walk and Coaster, Backward Walk and Coaster

- 1-2, 3&4                      LF walk forward, RF walk forward, Coaster Step: LF forward, RF together, LF back  
5-6, 7&8                      RF walk backward, LF walk backward, Coaster Step: RF back, LF together, RF forward

### Walk, Shuffle, Rock Step, Shuffle

- 1-2, 3&4                      LF walk forward, RF walk forward, Shuffle forward L, R, L  
5-6, 7&8                      RF rock forward, replace weight on LF, Shuffle R, L, R, with 1/2 turn R to face 6:00

## PART C: 32 counts

### Syncopated Walk, Jazz Box 1/4 Turn Right

- 1&2                      LF forward, RF rock side, LF in place  
3&4                      RF forward, LF rock side, RF in place  
5&6                      Repeat 1&2  
7-8                      RF cross over LF, LF step back with 1/4 turn R

### Step Cross, Shuffle, Rock, Point Ball Change

- 1-2, 3&4                      RF step R, LF cross over RF, shuffle right R-L-R  
5-6                      Back rock RF, replace weight LF, (body angle 7:30)  
7&8                      Point LF toe forward, LF ball step next to RF, weight on RF in place (7:30)

### Swagger, Sweep, Step

- 1-2                      LF forward (angle body 1/4 L to 4:30) and touch RF toe next to LF  
3-4                      RF forward (angle body 1/4 R to 7:30) and touch LF toe next to RF  
5-6                      LF forward 3/8 turn L, touch RF next to LF (facing side wall)  
7-8                      Weight on the LF, Trace RF toe in a clockwise circle, step on RF on 8

### Pivot Turns and Grapevine with Turn

- 1-4                      LF forward, 1/2 turn R, LF forward, 1/2 turn R  
5-8                      LF to left, RF step behind, LF to left with 1/4 turn left, RF forward

**TAG 4-count (T):** With weight on the RF, Trace LF toe in a counter/anti-clockwise circle from 3:00 to 12:00 to 9:00 to 6:00 smoothly like stirring a spoon in a cup. This happens twice in the second half of the song.

**RESTART (A):** After ABCB the first time, start Part A for these extra 8 beats then RESTART A

**OUTRO: The last part of the song is Part B, Tag, and Part B again – then just LEAVE the floor and walk away with confidence. It is time to leave. <3**

**Contact: Email [askrachel@gmail.com](mailto:askrachel@gmail.com)**

---