

I'm on Fire

COPPER **KNOB**
STEPSHETS

拍數: 32 牆數: 4 級數: Improver
編舞者: Marlon Ronkes (NL) & Romain Brasme (FR) - February 2024
音樂: I'm On Fire (feat. London Community Gospel Choir) - Beverley Knight



Start the dance at 0:11 sec.

[1-8] WALK CLAP X4 - STEP - RECOVER - STEP - STEP - 1/2 TURN R - STEP

1&2& RF step forward (1), clap (&), LF STEP forward (2), clap (&)
3&4& RF step forward (3), clap (&), LF step forward (4), clap (&)
5-6 RF step forward (5), recover on LF (6)
7&8& RF step forward (7), LF step forward (&), RF step forward with 1/2 turn R (8), LF step forward (&) 06:00

*From count 1 to 4&, clap from down to up

[9-16] CHARLESTON STEPS - STEP LOCK STEP - 1/4 TURN R - VINE - STOMP - STOMP

1-2 RF touch forward (1), RF step behind (2)
3-4 LF touch behind (3), LF step forward (4)
5&6 RF step forward (5), LF cross behind RF (&), RF step forward (6)
&7&8& LF step to the side with 1/4 turn R (&), RF cross behind LF (7), LF step to L side (&), RF stomp next to LF (8), RF step next to LF (&) 09:00

[17-24] RUMBA BOX - STEP - RECOVER - 3/4 TURN L WITH R SWEAP

1&2 LF step to L side (1), RF next to LF (&), LF step forward (2)
3&4 RF step to R side (4), LF next to RF (&), RF step behind (4)
5-6 LF step to L side (5), recover on RF (6)
7-8 Recover on LF and make a 3/4 turn L with a R sweap 12:00

[25-32] ROCK MAMBO - CROSS - ROCK MAMBO - CROSS - ROCK MAMBO - CROSS - HIPS MOVEMENTS

1&2 RF step to R side (1), recover on LF (&), RF cross over LF (2)
3&4 LF step to L side (3), recover on RF (&), LF cross over RF (4)
5&6 RF step to R side (5), recover on LF (&), RF touch forward with 1/4 turn L (6)
7&8& Push R hip up (7), sit back (&), push R hip up (8), sit back (&) 09:00

RESTARTS

WALL 4 : after 8 counts

WALL 9 : after 16 counts