

Bunga Bunga

拍數: 64 牆數: 4 級數: Phrased Beginner
編舞者: Marlon Ronkes (NL) & Romain Brasme (FR) - February 2024
音樂: Bunga Bunga - Gege' e le Renzo Arcore Orchestra



Sequence: A - B - A - B - A - B - B - A - A - B - B - TAG - A - A - B - B

PART A (32 counts / open standing position)

[1-8] ARMS MOVEMENTS

- 1-2 R arm up (1), R hand on R hip (2)
- 3-4 R arm up (3), R hand on R hip (4)
- 5-6 L arm up (5), L hand on L hip (6)
- 7-8 L arm up (7), L hand on L hip (8)

[9-16] ROLLING HANDS DOWN, UP, DOWN, UP

- 1-2 Roll your hands down in the air
- 3-4 Roll your hands up in the air
- 5-6 Roll your hands down in the air
- 7-8 Roll your hands up in the air

[17-24] ARMS MOVEMENTS

- 1-2 R two fingers in the air making 90 degrees angle and roll your fingers round anti-clockwise
- 3-4 L two fingers in the air making 90 degrees angle and roll your fingers round clockwise
- 5-6 R two fingers in the air making 90 degrees angle and roll your fingers round anti-clockwise
- 7-8 L two fingers in the air making 90 degrees angle and roll your fingers round clockwise

[25-32] ARMS MOVEMENTS

- 1-2 Push your hands down in the air
- 3-4 Push your hands up in the air
- 5-6 Push your hands down in the air
- 7-8 Push your hands up in the air

PART B (32 counts)

[1-8] STEP - TOGETHER - STEP - TOGETHER - STEP - TOGETHER - STEP - TOGETHER

- 1-2 RF step to R side (1), LF next to RF (2)
- 3-4 RF step to R side (3), LF touch next to RF (4)
- 5-6 LF step to L side (5), RF next to LF (6)
- 7-8 LF step to L side (7), RF touch to LF (8)

[9-16] ROCKING CHAIR - STEP - 1/2 TURN - STEP - 1/2 TURN

- 1-2 RF step forward (1), recover on LF (2)
- 3-4 RF step behind (3), recover on LF (4)
- 5-6 RF step forward (5), 1/2 turn L (6) 06:00
- 7-8 RF step forward (7), 1/2 turn L (8) 12:00

[17-24] TOE STRUT - ROCKSTEP - TOE STRUT - ROCKSTEP

- 1-2 RF touch forward (1), recover on RF (2)
- 3-4 LF step to L side (3), recover on RF (4)
- 5-6 LF touch forward (5), recover on LF (6)
- 7-8 RF step to R side (7), recover on LF (8)

[25-32] STEP - 1/4 TURN - STEP - 1/4 TURN - STEP - 1/8 TURN - STEP - 1/8 TURN

- 1-2 RF step forward (1), 1/4 turn L with moving hips from L to R (2)

3-4 RF step forward (3), 1/4 turn L with moving hips from L to R (4)
5-6 RF step forward (5), 1/8 turn L with moving hips from L to R (6)
7-8 RF step forward (7), 1/8 turn L with moving hips from L to R (8) 03:00

TAG

1-6 Hold a pose (06:00)
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