

Dancing In Your Arms

拍數: 32 牆數: 2 級數: Intermediate
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音樂: You & I - Rita Ora



Intro: 4 Counts, Start at approx.. 2 secs

SEC 1 Step, ½ Pivot, Ball Step, Full turn Hitch, Behind, Side Rock, Behind, Side Sway, Sway, Side Lunge

1-2 Step right forward, pivot ½ left transferring weight on to left (6:00)
&3 Step right beside left, step left forward
4 Full turn right hitching right knee (6:00)
5&6 Step right behind left, rock left to left, recover weight onto right
&7& Step left behind right, step right to right swaying body right, sway body left
8 Lunge right to right

SEC 2 Full Rolling Turn Lunge, ¼ Step, Full Turn Hitch, Rock, Run Back, Together

1&2 Turn ¼ left step left forward, turn ½ left step right back, turn ¼ left lunge left to left (6:00)
3 Turn ¼ right step right forward (9:00)
&4 Turn ½ right step left back, turn ½ right step right forward hitching left knee (9:00)
5-6 Rock left forward, recover weight onto right
&7-8 Step left back, step right back, step left beside right

Restart Here on Wall 3, Dance the Tag then Restart

SEC 3 Samba Step, ⅛ Step, Press Slide, ½ Step, Press Slide, ½ Step, ⅛ Cross Back Side Cross

1&2 Cross right over left, rock left to left, recover weight onto right
&3 Turn ⅛ right step left forward, press right beside left sliding left foot back (10:30)
4-5 Turn ½ left step left forward, press right beside left sliding left foot back (4:30)
6-7 Turn ½ left step left forward, turn ⅛ right cross right over left (12:00)
&8& Step back left, step side on right, cross left over right

SEC 4 Sway, Sway, Side Rock, Weave Sweep, Step, Rock, ½ Step, Step

1-2 Step right to right swaying body right, sway body left
3& Rock right to right, recover weight onto left
4&5 Step right behind left, step left to left, cross right over left sweeping left from back to front
6 Step left forward
7& Rock right forward, recover weight onto left
8& Turn ½ right step right forward, step left forward (6:00)

Tag After 16 counts of Wall 3

Toe Push, Recover, Toe Push, ¼ Step, Toe Push, Recover, Toe Push, Step

1& Push right toe to right, recover to centre
2& Push right toe to right, turn ¼ right step right beside left
3& Push left toe to left, recover to centre
4& Push left toe to left, step left beside right

Ending After 16 counts 7, Look left

Last Update: 5 Feb 2024