

Take It Easy

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Beginner
編舞者: Inge Vestergård (DK) - February 2024
音樂: Take It Easy - Jacob Dinesen



**Intro: 16 counts from beginning of track. App. 8 secs. Weight on L foot.
** 1 restart on wall 4 facing 9 o'clock. See description at bottom of page.**

Sec. 1: R Step, L Point, L Step, R Point, R Vine, L Cross

1 – 2 Step R to R side, Point L to L side and angle body L
3 – 4 Step L to L side, Point R to R side and angle body R
5 – 8 Step R to R side, Cross L behind R, Step R to R side, Cross L over R

Sec. 2: R Chassé, L Back Rock, L Kick Ball Step, Walk L - R

1&2 Step R to R side, Step L beside R, Step R to R side
3 – 4 Rock L back, Recover on R
5&6 Kick L fwd, step L next to R, step R fwd
7 – 8 Walk L, Walk R ** Step change and Restart point

Sec. 3: L Rock Step, Shuffle ½ L, 2 x 1/8 Paddle L

1 – 2 L Rock fwd, Recover on R
3&4 Turn ¼ L stepping L to L side, step R next to L, turn ¼ L stepping L fwd (6:00)
5 – 6 Point R fw make a hip roll anticlockwise while turning 1/8 L, step down on L (4.30)
7 – 8 Point R fw make a hip rolle anticlockwise while turning 1/8 L, step down on L (3:00)

Sec. 4: R Cross, L Point, L Cross, R Point, R Jazz Box, L Cross

1 – 4 Cross R over L, Point L to L side, Cross L over R, Point R to R side *** Ending
5 – 8 Cross R over L, Step L back, Step R to R side, Cross L over R

Step change and Restart on Wall 4 facing 9 o'clock.

Dance the first 7 counts in sec. 2, then touch R next to L (8) and restart from the Top.

Ending:

Wall 11 ends facing 6 o'clock. Dance the first 4 counts of sec 4. Then make a jazzbox ½ turn R

5 – 8 Cross R over L, ¼ Turn R stepping L back, ¼ Turn R stepping R fwd, Step L fwd.....
Tadaaaa

Start all over and have Fun

Contact: ingevestergaard56@gmail.com