

Beer Can

拍數: 32 牆數: 4 級數: Improver
編舞者: Jasper Morrow (USA) - February 2024
音樂: Beer Can - Tanner Adell
或: I Do - Andy Grammer & Maddie & Tae



I Do* Andy Grammer Intro: 32 counts (approx 16 seconds) Restart 1: after 16 counts on Wall 4
Restart 2: after 4 counts on Wall 11 (wall 10 is slower rhythm, then 4 counts on wall 11 lead into the restart so you will repeat the V-Step)

Beer Can Intro: 16 counts (approx 7 seconds) No Tags No Restarts

[1-8]: V Step, ½ Turn with Chugs / Paddles

- 1, 2 Step out R forward diagonal , Step out L forward diagonal (optional claps on the & beats)
- 3, 4 Step back R to starting, Step back L to starting (optional claps on the & beats)
- 5, 6, 7, 8 Keep weight in L foot and press into R foot 4 times on beat making a ½ turn backwards (divide the half turn into 4 smaller steps)

[9-16]: Cross Points, Rock Recover, Heel Dig

- 1, 2 Cross R over L, Point L to L side
- 3, 4 Cross L over R, Point R to R side
- 5, 6& Step/rock forward R, Recover L, Step R together
- 7, 8 L heel forward, Step L together (optional pop right knee)

[17-24]: Side, Behind, Side, Pony Step, 1 ¼ Turn, Scuff

- 1, 2 Step R to right side, Cross L behind R
- 3& 4 Step R to right side, Step together L on ball of foot while lifting RF, Step down on RF
- 5, 6 Step L to left side making ¼ turn to L, Step forward R making a full turn counterclockwise
- 7, 8 Land turn on L, Scuff forward R

[25-32]: Rock Recover Coaster, Kick Kick Coaster

- 1, 2 Step/rock R, Recover L
- 3& 4 Step back on R, Step together L, Step forward R
- 5, 6 Kick L forward, Kick L to left side
- 7& 8 Step back L, Step together R, Step forward L

*I Do optional styling for last section (press RF to R on count 24 to prep for hop turn)

[25-32]: Full Turn x2, Forward Hop x4

- 1&2 Hop on LF making 1/2 turn backward (1), Hop on LF making 1/2 turn backward (&), step RF down weighted R (2)
- 3&4 Hop on RF making 1/2 turn backward (3), Hop on RF making 1/2 turn backward (&), step LF down (4)
- 5,6,7,8 Small hops forward on both feet x4

Last Update: 12 Aug 2024