Shake That Bagpipe



拍數: 32 牆數: 4 級數: Improver

編舞者: Myra Harrold (SCO) - February 2024 音樂: Shake That Bagpipe - The Sidh



INTRO: 32 COUNTS ON HEAVY BEAT

SECT: 1. WALK FWD, KICK, WALK BACK, BALL CHANGE

1,2,3,4. WALK FWD,STARTING RF,LF,RF,KICK LF FWD. (12)

5,6,7&8. WALK BACK STARTING LF,RF,LF,BACK ON BALL OF RF,CLOSE LF TO RF (12)

RESTART HERE ON WALL 8

SECT: 2. GRAPEVINE R, 1/4 TURN, GRAPEVINE L

1,2,3,4. RF TO R,LF BEHIND RF,TURN ¼ R,RF FWD,TOUCH L TOE TO RF. (3)

5,6,7,8. LF TO L,RF BEHIND LF,LF TO L,TOUCH R TOE TO LF. (3)

SECT:3. POINT, HOLD, POINT, HOLD, & HEEL& HEEL, HOOK, STEP

1,2&3,4 POINT RF TO R,HOLD,CLOSE RF TO LF,POINT LF TO L,HOLD (3)

(OPTION-POINT BOTH ARMS TO R, POINT BOTH ARMS TO L)

&5&6&7&8. CLOSE LF TO RF,TAP R HEEL FWD,CLOSE RF TO LF,TAP L HEEL FWD,CLOSE LF TO

RF, TAP R HEEL FWD, HOOK RF OVER L SHIN, STEP RF IN FRONT OF LF (3)

SECT:4. HOLD&JAZZ BOX,SCUFF,FWD,HEEL TWISTS

1&2,3,4. HOLD,LF TO L,CROSS RF OVER LF,LF BACK,RF TO R (3)

5,6,7&8. LF FWD,SCUFF RF FWD,RF IN FRONT OF LF,TWIST BOTH HEELS OUT, IN (3)

RESTART ON WALL 8 AFTER SECT:1 FACING 9 O.CLOCK

TAG AFTER WALL 10 - R ROCKING CHAIR FACING 3 O.CLOCK

THE DANCE SLOWS DOWN ON WALLS 11 & 12 THEN GOES BACK TO FASTER SPEED DURING 13 WALL

JUST GO WITH THE FLOW & HAVE FUN