

# All Set?

拍數: 64      牆數: 4      級數: Low Intermediate  
編舞者: Daniel Exton (UK) - October 2023  
音樂: Good to Go - LÒNIS & Daphne Willis



Intro: 32 Counts. Start at approx 20 secs.

## SEC 1 STEP, TOUCH, STEP, KICK, BACK ROCK, RECOVER, TOUCH AND TOUCH

1-2            Step Left foot forward, Touch Right behind Left  
3-4            Step Right foot back, Kick Left foot forward  
5-6            Rock back on Left foot, Recover onto Right  
7&8            Touch Left to Left side, Left next to Right, Right to Right side

## SEC 2 SLOW SAILOR ¼, TOUCH, HITCH ¼, TOUCH, HITCH ¼, TOUCH

1-2            Right behind Left with ¼ turn Right, Left to Left side (3:00)  
3-4            Right to Right side, Touch Left next to Right  
5-6            Hitch Left foot up with ¼ turn Left, Touch Left next to Right (12:00)  
7-8            Hitch Left foot up with ¼ turn Left, Touch Left next to Right (9:00)

Restart Here on Wall 6

## SEC 3 KICK, SIDE KICK, SAILOR, KICK, SIDE KICK, SAILOR

1-2            Kick Left foot forward, Kick Left foot out to side  
3&4            Left behind Right, Right to Right side, Left to Left side  
5-6            Kick Right foot forward, Kick Right foot out to side  
7&8            Right behind Left, Left to Left side, Right to Right side

## SEC 4 CROSS, SIDE, ROCK, RECOVER, SIDE, ¼ TURN SIDE, ¼ TURN CROSS, HOLD

1-2            Cross Left over Right, Right to Right side  
3-4            Rock Left behind Right, Recover onto Right foot  
5-6            Left to Left side, ¼ turn Right stepping Right to Right side (12:00)  
7-8            ¼ turn Right crossing Left over Right, Hold (Weight on L) (3:00)

## SEC 5 SIDE, TOGETHER, ROCKING CHAIR, BIG STEP ¼ TURN, DRAG

1-2            Right to Right side, Step Left next to Right  
3-4            Rock forward on Right foot, Recover onto Left  
5-6            Rock back on Right foot, Recover onto Left  
7-8            Big step to Right turning a ¼ left, Drag Left next to Right (Weight on R) (12:00)

## SEC 6 SIDE, TOGETHER, ROCKING CHAIR, BIG STEP ¼ TURN, DRAG

1-2            Left to Left side, Right next to Left  
3-4            Rock forward on Left foot, Recover onto Right  
5-6            Rock Back on Left foot, Recover onto Right  
7-8            Big step to Left turning a ¼ right, Drag Right next to Left (Weight on L) (3:00)

## SEC 7 K STEP

1-2            Right diagonally forward, Left touch next to Right  
3-4            Left diagonally back, Touch Right  
5-6            Right diagonally back, Touch Left  
7-8            Left diagonally forward, Scuff Right across Left

## SEC 8 CROSS, SIDE, HEEL, STEP, CROSS, SIDE, HEEL AND STEP

1-2            Cross Right over Left, Left to Left side  
3-4            Right heel forward, Step Right foot down

5-6  
7&8

Cross Left over Right, Right to Right side  
Touch Left heel forward, Step Left foot down, Right foot forward

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