

# At Your Worst

**COPPER** **KNOB**  
BY STEPSHEETS

拍數: 32                      牆數: 4                      級數: High Improver  
編舞者: Heejin Kim (KOR) & Eunjeong Jeong (KOR) - January 2024  
音樂: At Your Worst - Calum Scott

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**[SEC 1] Cross, Touch, ½ Sailor step, Rock, Recover, Coaster step**

1 2                      RF Cross over LF, LF Touch side L  
3&4                      LF Step behind, RF ¼ turn L Step side, LF ¼ turn L Step forward (6:00)  
5 6                      RF Step forward, LF Recover  
7&8                      RF Step back, LF Step next to RF, RF Step forward (6:00)

**[SEC 2] ¼ Pivot, Cross Shuffle, Rock, Recover, Behind, ¼ Forward, Forward**

1 2                      LF Step forward, RF ¼ turn R Step Side (9:00)  
3&4                      LF Cross over RF, RF Step side, LF Cross over RF  
5 6                      RF Step side, LF Recover  
7&8                      RF Step behind, LF ¼ turn L Step forward, RF Step forward (6:00)

**[SEC 3] Rock, Recover, Together, Rock, Recover, Back Shuffle, Full Turn**

1 2&                      LF Step forward, RF recover, LF Step next to RF  
3 4                      RF Step forward, LF recover  
5&6                      RF Step back, LF Step next to RF, RF Step back  
7 8                      LF ½ turn L Step forward, RF ½ turn L Step back (6:00)

**[SEC 4] ¼ Sailor step, Cross, ¼ Back, ¼ Shuffle, Cross, Touch**

1&2                      LF Step behind, RF ¼ turn L Step side, LF Step side (3:00)  
3 4                      RF Cross over LF, LF ¼ turn R Step back (6:00)  
5&6                      RF ¼ turn R Step side, LF Step next to RF, RF Step side (9:00)  
7 8                      LF Cross over RF, RF Touch side (9:00)

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