My Lazy Day AB

級數: Absolute Beginner

編舞者: Glen Dance (CAN) - January 2024

音樂: It's My Lazy Day - Merle Haggard & Willie Nelson

Intro: Start on the word Fishing No tags/restarts

拍數: 32

Lock Step Fwd R, Lock Step Fwd L

- 1-2 Diagonal step R, lock L behind R
- 3-4 Diagonal step R, scuff L fwd
- 5-6 Diagonal step L, lock R behind L
- 7-8 Diagonal Step L, scuff R fwd

Back Step Touches x 4

- 1-2 Step back diagonally R, touch L beside R and clap
- 3-4 Step back diagonally L, touch R beside L and clap
- 5-6 Step back diagonally R, touch L beside R and clap
- 7-8 Step back diagonally L, touch R beside L and clap

Vine R, Vine L With ¼ Turn L

- 1-2 Step R to R side, cross L behind R
- 3-4 Step R to R side, scuff L fwd
- 5-6 Step L to L side, cross R behind L
- 7-8 Step L ¼ turn L, scuff R fwd

Step, Scuff, Step, Scuff, ¼ Pivot L, Step, Clap

- 1-2 Step fwd on R, scuff L
- 3-4 Step fwd on L, scuff R
- 5-6 Step fwd on R, pivot ¼ turn L weight on L
- 7-8 Step R beside L, clap

Begin again and have fun!!





牆數: 2