

Yesterday 2

拍數: 32 牆數: 3 級數: Advanced
編舞者: Hiroko Carlsson (AUS) - January 2024
音樂: Yesterday - Alan Walker & Ali Gatie : (Spotify/Apple Music/Deezer)



Please feel free to contact me if you need any further information. (hirokoclinedancing@gmail.com)
(Intro: 16 counts)

[S1] Kick, Kick-Flick-Kick, Back Rock, Fwd, Step-Pivot, Paddle L

1 2 Kick forward on R, Switch weight on R and kick forward on L
&3 Cross L over R and flick R behind L, Switch weight on R and kick forward on L
4& Rock back on L lifting R foot, Step forward on R
5 6 7 Step forward on L, Step forward on R, Make a ½ turn left recover weight on L (6:00)
8& Step forward on R, Make a ¼ turn left recover weight on L (3:00)

-Restart here on Wall 4 and Wall 9

[S2] Cross, Side-Cross, 1/4R, 1/4R-Cross-Side, Cross Rock, 1/4L-Step-Lock-

1 2& Cross R over L, Step L to the side, Cross R over L
3 4& Make a ¼ turn right stepping back on L, Make a ¼ turn right stepping R to the side (9:00),
 Cross L over R
5 6 7 Step R to the side, Rock/cross L over R, Replace weight on R
&8& Make a ¼ turn left stepping forward on L (6:00), Step forward on R, Lock L behind R-

- Restart here on Wall 2 and Wall 7

[S3] – Moving Backwards- Step w/ Hitch, Hitch-Split, Hitch, Hitch-Split, Hitch, Hitch, Split, Coaster Step-Lock-Step

1 2& - Step forward on R and hitch L knee, Switch weight on L and hitch R knee, Shift slightly
 backward keeping your legs split at shoulder width weight ends on L
3 4& Step slightly back on R and hitch L knee, Switch weight on L and hitch R knee, Shift slightly
 backward keeping your legs split at shoulder width weight ends on L
5 6 Step slightly back on R and hitch L knee, Switch weight on L and hitch R knee
7& Step back on R, Step L beside R
8&1 Step forward on R, Lock L behind R, Step forward on R

[S4] Fwd Rock, Back, Lock-Back, 1/2R, 1/2R, 1/4R-Cross Rock-Side

2& Rock forward on L, Replace weight on R
3 4& Step back on L, Lock/cross R over L, Step back on L
5 6 7 Make a ½ turn right stepping forward on R, Make a ½ turn right stepping back on L, Make a
 ¼ turn right stepping R to the side (9:00)
&8& Rock/cross L over R, Replace weight on R, Step L to the side

At the restarts, facing 3:00 o'clock on Wall 2 at count 16&, Wall 4 at count 8&, Wall 7 at count 16&, and Wall 9 at count 8&

Ending suggestion: The last wall starts facing 12:00. Dance up to count 16& (6:00).
Step-Pivot 1/2L to the front.

(updated: 30/Jan/24)