Southern and Slow



拍數: 32 牆數: 4 級數: Beginner

編舞者: Ann Domingue (USA) - January 2024 音樂: Southern and Slow - Luke Bryan



Begin on lyrics. No tags. No restarts

Side-Rock Sway moving forward

step RT forward and sway hips
Step LT forward and sway hips
Step RT forward and sway hips
Step LT forward and sway hips

Step-Lock-Step-Kick moving back

1&2& Step back on RT, lock Lt over RT, step RT back, kick LT3&4& Step back on LT, lock RT over LT, step back on LT, kick RT

5&6& Repeat RT 7&8& Repeat LT

Syncopated Vine, Side-Rock Cross

1&2&3&4 Vine right, rock RT to side/recover on LT, cross RT over LT 5&6&7&8 Vine left, rock LT to side/recover on RT, cross LT over RT

Step/Lock forward 2X; Rock/Recover 2X making 1/4 turn to right

1&2 Step lock forward3&4 Step lock forward

5&6&7&8& Rock RT forward, recover on Lt, step on RT, step on LT; repeat turning right 1/4