Jesus Got a Tight Grip



編舞者: Ann Domingue (USA) - January 2024 音樂: Jesus Got a Tight Grip - Blake Shelton



One restart, one tag

Intro: 16 counts; begin on lyrics

Step-Lock-Step 2X; 4x Step touch making ½ turn

1&2 Step-lock-step (RLR)3&4 Step-lock-step (LRL)

5&6&7&8 Step forward on right, touch left; step on left, touch right; repeat as making turn

*RESTART here on the third start facing 12:00

Side-Rock, Behind-Side-Cross

1-2 Rock RT foot to side, recover on LT

3&4 Step RT behind LT, Step LT to side, Cross RT over LT

5-6 Rock LT foot to side, recover on RT

7&8 Step LT behind RT, Step RT to side, Cross LT over RT

Heel/Toe; Shuffle forward

1-2 touch RT heel forward, touch RT toe back

3&4 shuffle forward RLR

5-6 touch LT heel forward, touch LT toe back

7&8 shuffle forward LRL

Side-Rock, Crossing Shuffle; 1/4 turn, Crossing Shuffle

1-2 rock RT to side, recover on LT3&4 crossing RT over, shuffle RLR

5-6 step LT forward turning ¼, recover on RT

7&8 Cross LT over, shuffle LRL

TAG: facing 3:00 add 2X Step-Touch then begin the dance again (after music and he sings whoa, whoa...I'm gonna get there)