

# Ji Dong De Xin Chan Dou De Shou (激动的心颤抖的手)

COPPER KNOB  
STEPSHEETS

拍數: 32                      牆數: 4                      級數: Beginner  
編舞者: Heru Tian (INA) - January 2024  
音樂: Ji Dong De Xin Chan Dou De Shou (激动的心颤抖的手) (Dj何鹏版) - Jin Jiuzhe (金久哲)



## Special choreography for Tuan Yuan Fan LDWM 2024

### \*\*\*\*Tag 4C at the end of walls 2 & 8

#### Rocking chair

1234                      Rock RF fwd (1), Recover on LF (2), Rock RF bwd (3), Recover on LF (4)

#### Section 1 : Side, Sways/Shoulder pops, Stomps /Claps

1234                      Step RF to R Side, Sway body to Right (1), Transfer weight to LF, Sway body to Left (2),  
Repeat 1-2 (3,4)

#### (Optional : Do Shoulder pops RLRL on count 1-4)

5678                      Stomp RF to R Side and Clap hands 4 times (5-8)

#### Section 2 : Charleston Step , Fwd, 1/2L Heels Bounces

1234                      Step RF fwd (1), Touch LF fwd (2), Step LF back (3), Touch RF back (4)

5678                      Step RF fwd (5), Bounces both heels 3 times make a 1/2L (6-8) (6.00)

#### Noted : Weight on LF on count 8

#### Section 3 : Rock Fwd, Back Shuffle, Rock Back, Kick Ball Change

12                      Rock RF fwd (1), Recover on LF (2)

3&4                      Step RF Backward (3), Step LF next to RF (&), Step RF Backward (4)

56                      Rock LF Backward (5), Recover on RF (6)

7&8                      Kick LF fwd (7), Ball LF back (&), Step RF fwd (8)

#### Section 4 : Side & Behind Touch, 1/4L Fwd, Pivot 1/2L, Touch

1234                      Step LF to L Side (1), Touch RF behind LF (2), Step RF to R Side (3), Touch LF behind RF (4)

5678                      1/4L, Step LF fwd (5), Step RF fwd (6), Pivot 1/2L, Step LF in place (7), Touch RF next to LF (8)

START AGAIN,

Herutian79@gmail.com