

Dropped a Bomb on Me

COPPER KNOB
STEPPERS

拍數: 32 牆數: 4 級數: Beginner
編舞者: Cathy Snow (USA) - January 2024
音樂: You Dropped A Bomb On Me - The Gap Band



Intro: 32 Counts

[1-8] LINDY R, LINDY L

1&2 Shuffle R, L, R to R side
3-4 Rock back on L behind R, recover R
5&6 Shuffle L, R, L to left side
7-8 Rock back on R behind L, recover L

[9-16] K-STEP

1-2 Step R forward to R diagonal, Touch L together.
3-4 Step back L to diagonal L, Touch R together
5-6 Step R back to R diagonal, Touch L next to R
7-8 Step L forward, Touch R next to L (weight on L)

[17-24] TOE STRUTS R, L; RIGHT ROCKING CHAIR

1-2 Touch R toe forward, Drop R heel (take weight)
3-4 Touch L to forward, Drop L heel (take weight)
5-6 Rock forward on R foot, replace weight back on L foot
7-8 Rock back on R foot, replace weight back on L foot

[25-32] TOE STRUTS R, L; 1/8 HIP ROLL X 2

1-2 Touch R toe forward, Drop R heel (take weight)
3-4 Touch L to forward, Drop L heel (take weight)
5-6 Step RF out R turn making 1/8 turn L turn rolling hips 5,6.
7-8 Repeat 5,6 finish with weight on L foot

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