

Pride

拍數: 32 牆數: 4 級數: Improver
編舞者: Kaie Seger (EST) - May 2020
音樂: Pride - Amy Macdonald



RIGHT DIAGONAL DOROTHY STEP, LEFT DIAGONAL DOROTHY STEP, ¼ PIVOT TURN L, CROSSING SHUFFLE

- 1 RF Step on heel diagonally forward (1:30)
- 2 LF Lock behind RF
- & RF Step on diagonally forward
- 3 LF Step on heel diagonally forward (10:30)
- 4 RF Lock behind LF
- & LF Step diagonally forward
- 5 RF Step forward (12:00)
- 6 LF Turn 1/4 to the left (9:00)
- 7 RF Step across LF
- & LF Small step to the left side
- 8 RF Step across LF

LEFT DIAGONAL DOROTHY STEP, RIGHT DIAGONAL DOROTHY STEP, ¼ PIVOT TURN R, STEP ACROSS, HOLD WITH CLAPS (2x)

- 9 LF Step on heel diagonally forward (7:30)
- 10 RF Lock behind LF
- & LF Step diagonally forward
- 11 RF Step on heel diagonally forward (10:30)
- 12 LF Lock behind RF
- & RF Step diagonally forward
- 13 LF Step forward (9:00)
- 14 RF Turn 1/4 to the right (12:00)
- 15 LF Step across RF
- & Clap
- 16 Clap

R CHASSE, L ROCK STEP BACK, STEP DIAGONALLY FWD, 1/2 PIVOT TURN RIGHT, STEP-LOCK-STEP FORWARD

- 17 RF Step to the right
- & LF Step next to RF
- 18 RF Step to the right
- 19 LF Rock back
- 20 RF Recover
- 21 LF Step diagonally forward (start 1/2 turn R)
- 22 RF Step forward with 1/2 turn right (6:00)
- 23 LF Step forward
- & RF Lock behind LF
- 24 LF Step forward

SYNCOPATED ROCKS FWD, HEEL GRIND, ¼ TURN R WITH L STEP BACK, ROCK STEP BACK, RECOVER

- 25 RF Rock forward
- 26 LF Recover
- & RF Step next to LF
- 27 LF Rock forward

- 28 RF Recover
- & LF Step next to RF
- 29 RF Step on heel forward & slightly across LF (heel grind)
- 30 LF Step back with 1/4 turn right (finish heel grind) (9:00)
- 31 RF Rock back
- 32 LF Recover

Note 1: There is 4-count TAG after walls 4 (12:00), 5 (9:00), 7 (3:00), 8 (12:00):

- 1 RF Rock diagonally forward (1:30)
- 2 LF Recover
- 3 RF Rock diagonally back (7:30)
- 4 LF Recover

Optional tag: Instead of diagonal rocking chair you may do 2 1/2 pivot turns left, especially I suggest it after wall 8!!! ;)

Note 2: Special ending after wall 10:

- 1 Step RF forward (6:00)
- 2 Turn ½ left (weight on LF) (12:00)
- 3 Step RF forward
- 4 Hold

ENJOY & SMILE! :)

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